# **Pulmonary endarterectomy**

#### **Stefan Guth**

Kerckhoff Clinic Bad Nauheim, Germany



#### Conflicts of Interest SG



Speaker's and/or consulting fees from Actelion, Bayer, MSD and Pfizer

# CTEPH Treatment Options 2009





European Heart Journal (2009) **30**, 2493–2537 doi:10.1093/eurheartj/ehp297

**ESC/ERS GUIDELINES** 

Surgical pulmonary endarterectomy is the recommended treatment for patients with CTEPH

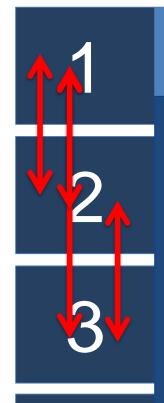
PAH-specific drug therapy selected CTEPH patients candidates for surgery or PH after pulmonary end

off label use

C

# CTEPH treatment options in 2018





PEA (advances in distal endarterectomy) (IC)

Many complex treatment options will need many complex treatment decisions.

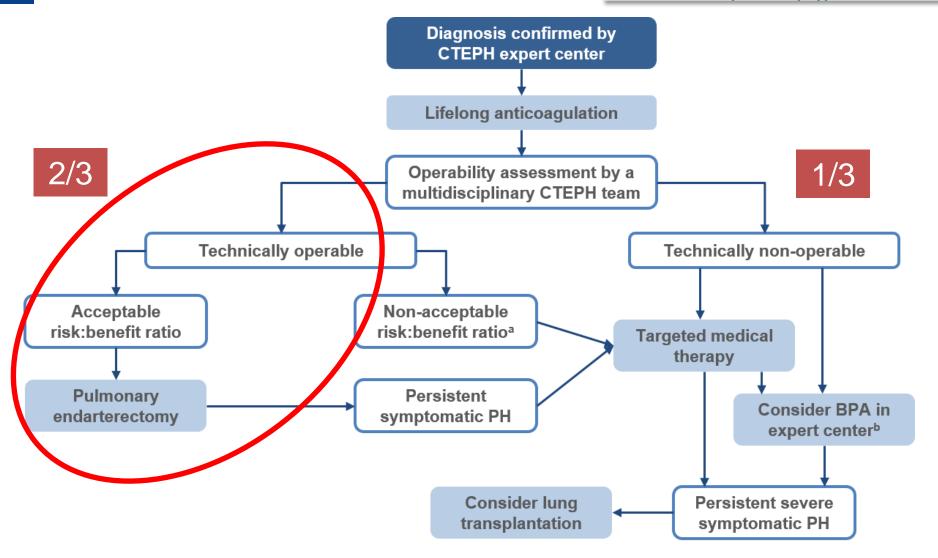
4

Combination of treatment modalities

### Treatment algorithm for CTEPH

ESC/ERS GUIDELINES

2015 ESC/ERS Guidelines for the diagnosis and treatment of pulmonary hypertension



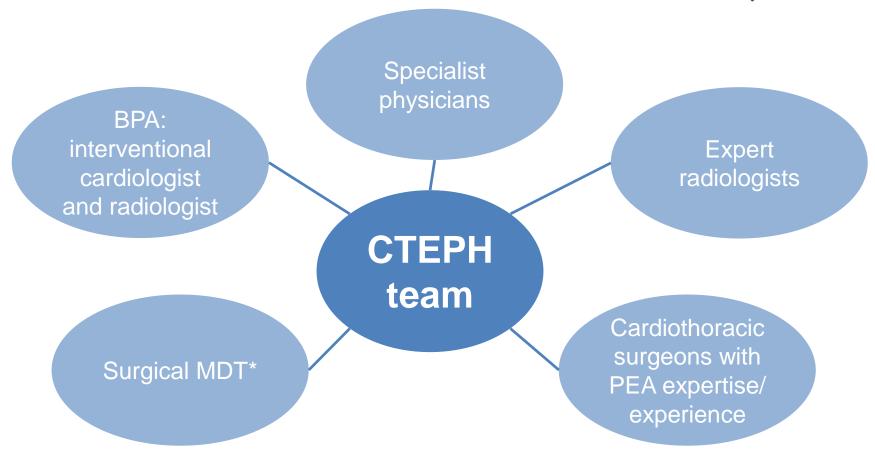
<sup>&</sup>lt;sup>a</sup>Technically operable patients with non-acceptable risk:benefit ratio can be considered also for BPA.

Galiè N et al. Eur Heart J 2016;37:67-119; Eur Respir J 2015;46:903-75.

<sup>&</sup>lt;sup>b</sup>In some centers medical therapy and BPA are initiated concurrently.

#### What is a "CTEPH team"?





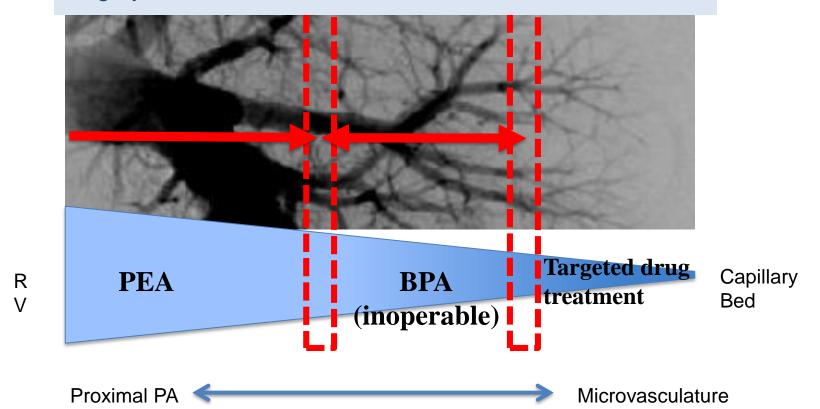
# Significant learning curve for all disciplines!

<sup>\*</sup>Anesthesiologist, perfusionist, ECMO team, intensive care physician, nurse, respiratory therapist. ECMO, extracorporeal membrane oxygenation; MDT, multidisciplinary team.

# Localization of PA obstructions is critical for therapeutic decisions (Germany 2018)



and these are dependent on CTEPH center experience with surgery, BPA, and medical treatment





6/2016: acute pulmonary embolism

1/2017: FC III, diagnosis: CTEPH

(echocardiography, V/Q scan, CTPA, pulmonary

angiography)

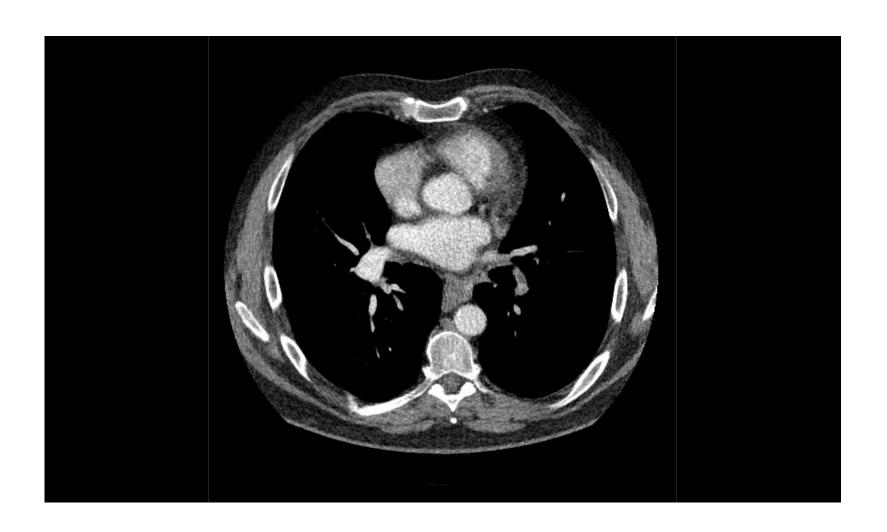
RHC (PVR 621 dynes)

4/2017: Balloon pulmonary angioplasty right lung (no PEA available in the country)

10/2017: referral for PEA

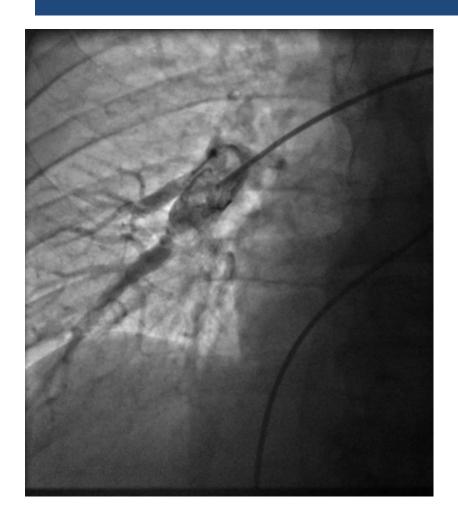
#### KERCKHOFF KLINIK

# 4/2017: CT pulmonary angiography



# KERCKHOFF

# 4/2017: pulmonary angiography

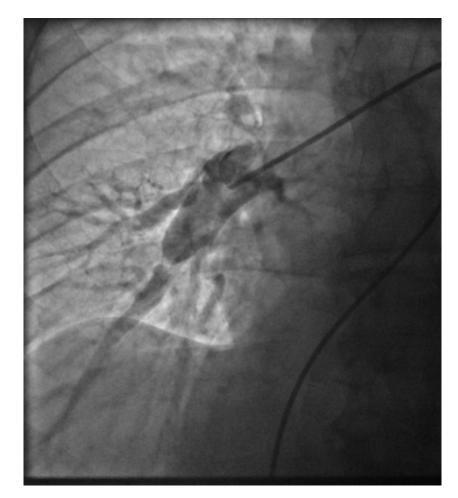






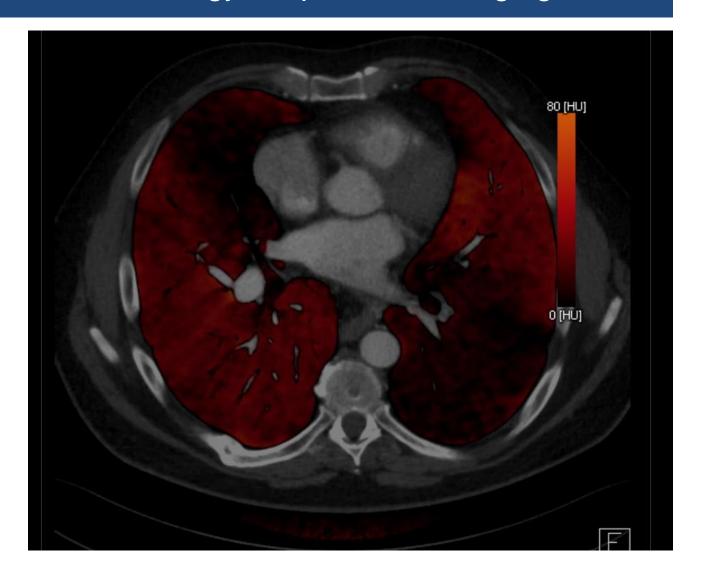
## 4/2017: failed balloon pulmonary angioplasty







## 10/2017: dual energy CT perfusion imaging



# MA, m, 46 y.



No option for medical or interventional treatment!

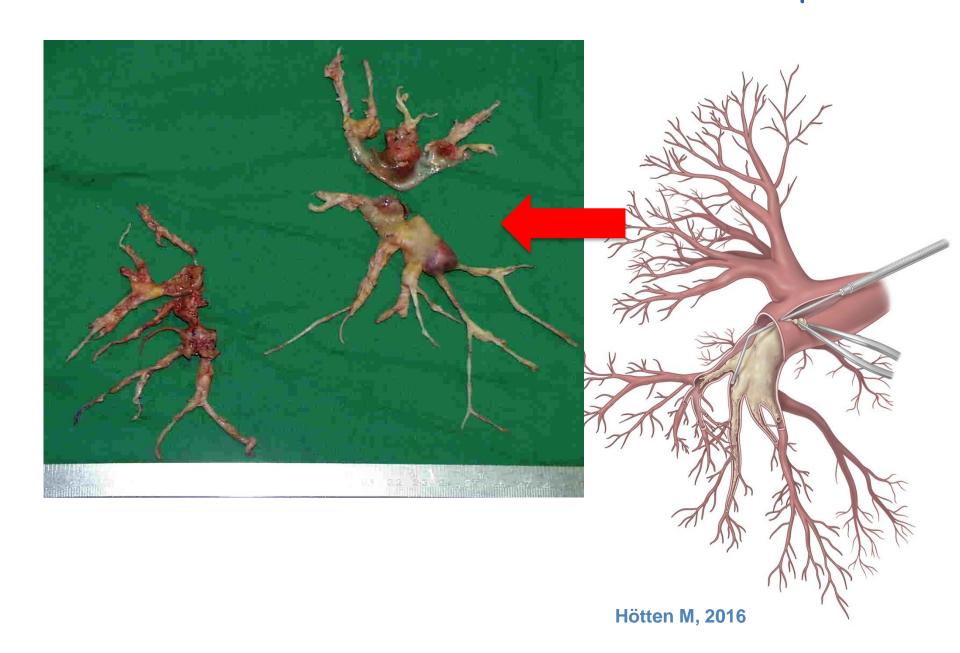


#### **CTEPH Management 2018**



 Why should every CTEPH patient be individually evaluated and treated at a CTEPH/PEA expert center?

# PEA is the only curative treatment option KERCKHOFF



# PEA Surgery, 11.4.2012



# MR Angiography





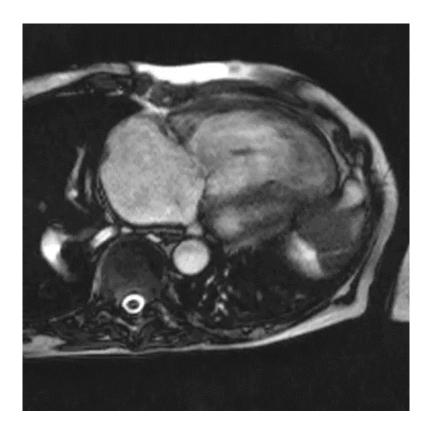
pre-op.

post-op.

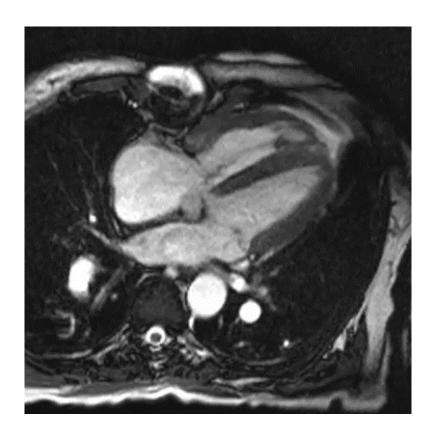
# Instant improvement of RV-Function



# (S.H. 69 y., f., FC IV)



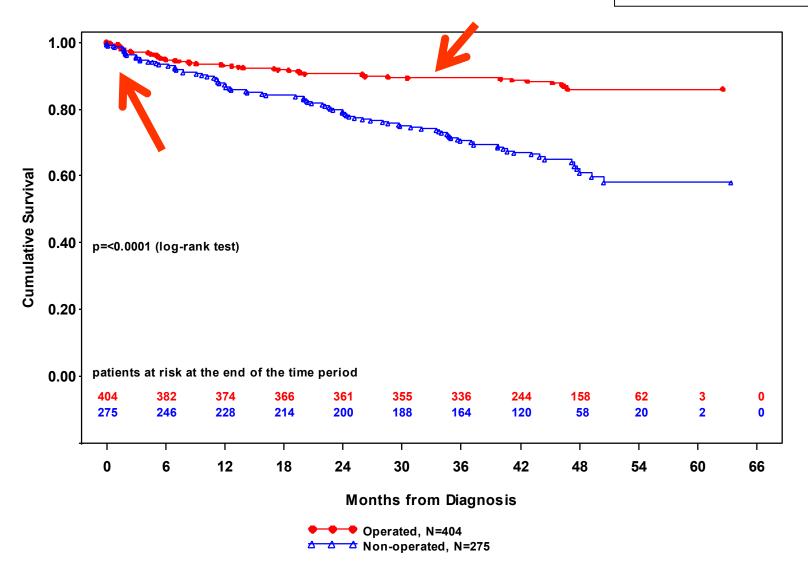
preop. 6.1.2003



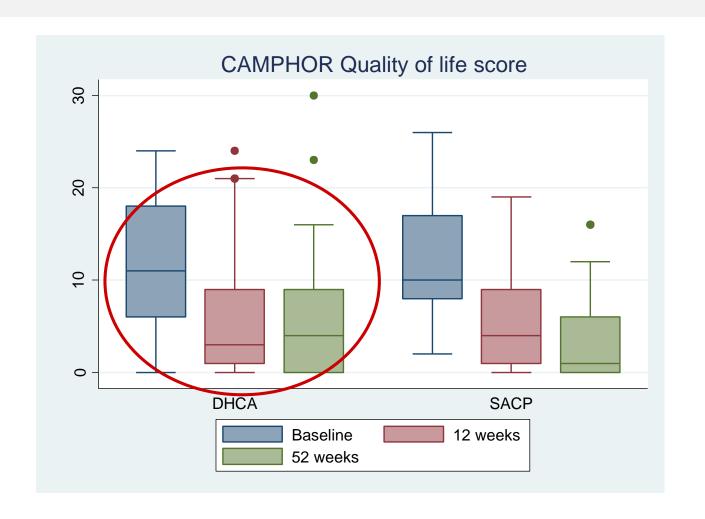
postop. 21.1.2003

# KM survival estimates Operated vs. non-operated LA CTEPH Association





# **Quality of Life after PEA**



Vuylsteke et al *Lancet* 2011;378:1379

## Case #2: ML, m., 26 y.



6/2016: progressive dyspnea, no acute event

1/2017: FC III, diagnosis: "distal" CTEPH (echocardiography, V/Q scan, CTPA, pulmonary

echocardiography, v/Q Scarr, CTPA, pulmonary

angiography)

RHC (PVR 882 dynes)

2/2017: rapid deterioration: initiation of Riociguat

5/2017: referral for PEA vs. BPA vs. LTx

(FC IV, RV-EF < 20 %)

# Case #2: ML, m., 26 y.

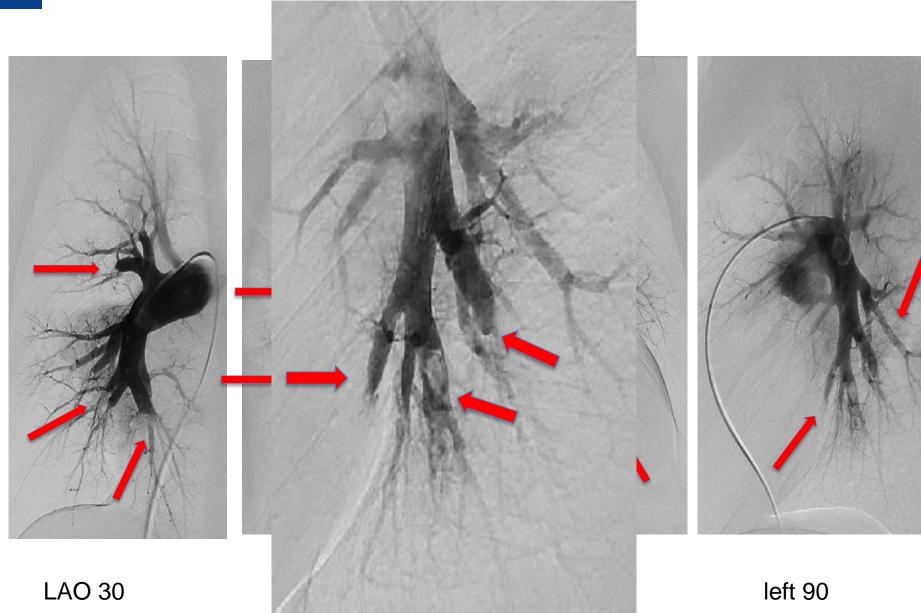


# 1/2017: CT pulmonary angiography



# ML, m, 26 y., FC IV, PVR 882, Riociguat

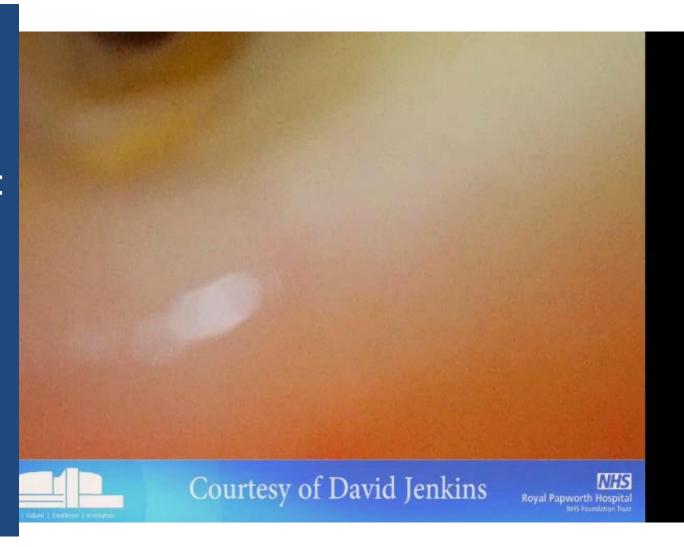






Subsegmental artery (4 mm) left upper lobe:

Remove the fibrous material (PEA) or dilate it (BPA)?



# Treatment discussion and decision for

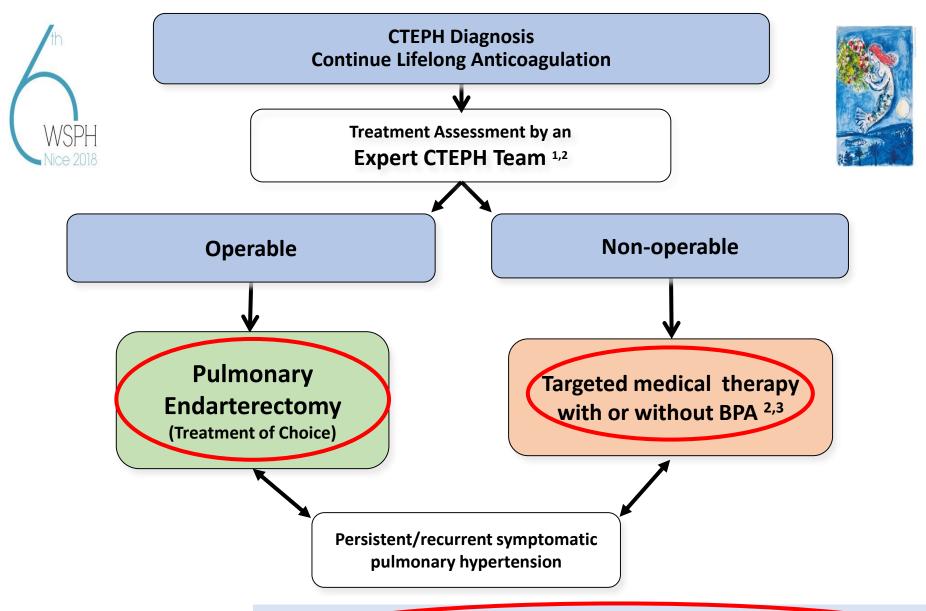
surgery

29.5.2017 pulmonary endarterectomy (preop. systemic PAP, right heart failure, RV-EF < 20 %)

(18 oC,DHCA 48 min)

5/2018: FC I, no PH



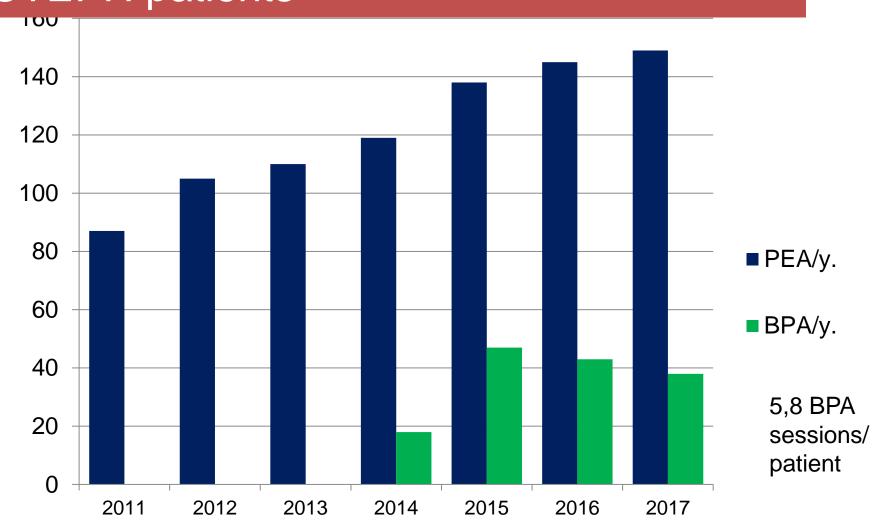


<sup>&</sup>lt;sup>1</sup> Multidiscipilnary: PEA/PTE surgeon, PH expert, BPA interventionalist, and radiologist

<sup>\*</sup>Expert center defined: > 50 PEA/PTE, > 100 BPA sessions per year

<sup>&</sup>lt;sup>3</sup> BPA without medical therapy can be considered in selected cases

# BPA is not an alternative to PEA surgery, but a promising option for inoperable CTEPH patients



#### Conclusions CTEPH / PEA 2018



A multidisciplinary expert team is mandatory for evaluation and treatment of CTEPH patients (I C)

PEA is and will remain the standard treatment for CTEPH patients (I C)

For inoperable CTEPH-patients targeted medication therapy is recommended and BPA is an emerging and promising interventional treatment option

Based on an interdisciplinary approach, the combination of treatment modalities (surgery, intervention, drugs) will be the future concept for many CTEPH patients.

