

What have we learned from national PAH registries?

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Disclosures – Olivier Sitbon, MD PhD

- Relevant financial relationships with a commercial interest:
 - **Actelion/J&J:** consultancy (current), board or advisory committee (current), speaker (current), research support (current)
 - **Bayer/Merck:** consultancy (current), board or advisory committee (current), speaker (current), research support (current)
 - **GSK:** consultancy (past), board or advisory committee (past), speaker (past), research support (current)
 - **United Therapeutics:** consultancy (current)
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PAH Registries

Despite limitations due to their observational and uncontrolled nature, PAH registries may provide important information on:

- Incidence and / or prevalence of the disease
- Characteristics of patients in real life
- Practice patterns
- Long-term outcome and survival
- Variables predicting survival

Methodology of registries: A key issue!

- Ideally registries have to be prospective, multicentre and to include consecutive patients
- Quality control of data is essential
- Long period of observation with no loss to follow-up
- Finally, the design of registries should be adapted to the question we want to answer

Methodology of registries: 3 levels

Non-selective registries

Pros: epidemiology (prevalence) and clinical characteristics

Cons: survival analysis and prognosis

Registries of newly diagnosed patients

Pros: epidemiology (incidence), survival analysis, prognosis and risk equation from baseline variables

Cons: assessment of time-dependent variables and treatment goals

Interventional registries

Pros: assessment of time-dependent variables and treatment goals

Available PH Registries

Registry	Duration of inclusion (years)	Study Population (n)	Prospective/ Retrospective	Multicentre (n)	Incident patients only
NIH (1987) ¹	5	IPAH (187)	Pro	Yes (32)	No
French (2006) ²	1	PAH (674)	Pro	Yes (17)	No
Scottish (2007) ³	9	PAH (374)	Retro	Yes	No
Chinese (2007) ⁴	6	IPAH (72)	Pro	Yes	No
Swiss (2008) ⁵	5	PH (250)	Pro	Yes	No
Chicago (2009) ⁶	26	PAH (576)	Retro & Pro	Yes (3)	No
REVEAL (2010) ⁷	4	PAH (2716)	Pro	Yes (54)	No
CTEPH (2011) ⁸	2	CTEPH (679)	Pro	Yes	Yes
UK (2012) ⁹	8	PAH (482)	Pro	Yes (8)	Yes
Spanish (2012) ¹⁰	10	PAH & CTEPH (866)	Pro & Retro.	Yes (31)	No
COMPERA (2013) ¹¹	8	PAH (587, now 8700)	Pro & Retro.	Yes (28)	No
SPAHR (2017) ¹²	9	PAH (457)	Pro	Yes (8)	Yes
French (current)	≈20 years	PH (≈12 800)	Pro	Yes (25)	Yes

1. Rich S, et al. *Ann Intern Med* 1987.

2. Humbert M, et al. *Am J Respir Crit Care Med* 2006.

3. Peacock AJ, et al. *Eur Respir J* 2007.

4. Jing Z-C, et al. *Chest* 2007.

5. Tueller C, et al. *Swiss Med Wkly* 2008.

6. Thenappan T, et al. *Eur Respir J* 2007.

7. Badesch DB, et al. *Chest* 2010.

8. Pepke-Zaba J, et al. *Circulation* 2011.

9. Ling Y, et al. *Am J Respir Crit Care Med* 2012.

10. Escribano-Subias P, et al. *Eur Respir J* 2012.

11. Hoeper MM, et al. *Int J Cardiol* 2013.

12. Kylhammar D, et al. *Eur Heart J* 2018.

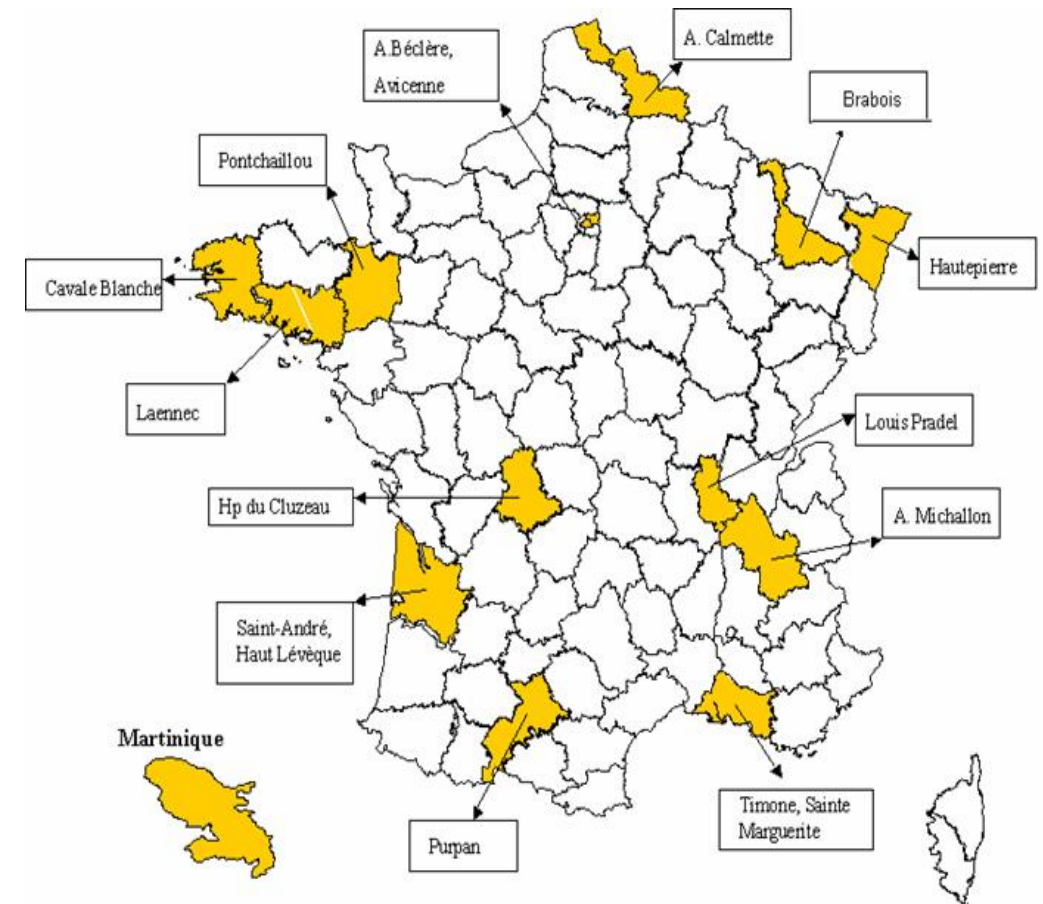
The French PAH Registry (2002-2003 followed until 2006)

- 674 patients, 17 medical centres (respiratory medicine, cardiology, internal medicine) spread across France
- Adult patients (>18 years) suffering from PAH (idiopathic, familial or associated conditions)
- Prospective cohort monitored and on-site audits
- Enrolment: 2002-2003

Pulmonary Arterial Hypertension in France Results from a National Registry

Marc Humbert, Olivier Sitbon, Ari Chaouat, Michèle Bertocchi, Gilbert Habib, Virginie Gressin, Azzedine Yaici, Emmanuel Weitzenblum, Jean-François Cordier, François Chabot, Claire Dromer, Christophe Pison, Martine Reynaud-Gaubert, Alain Haloun, Marcel Laurent, Eric Hachulla, and G rard Simonneau

Service de Pneumologie, Centre des Maladies Vasculaires Pulmonaires, H pital Antoine B cl re, Assistance-Publique-H pitaux de Paris, Universit  Paris-Sud, Clamart, France; Service de Pneumologie, H pital Hautepierre, Strasbourg; Service de Pneumologie, H pital Louis-Pradel, Lyon; Service de Cardiologie, H pital de la Timone; Service de Pneumologie, H pital Sainte Marguerite, Marseille; Actelion Pharmaceuticals France, Paris; Service de Pneumologie, H pital de Brabois, Vandoeuvre-les-Nancy; Service de Chirurgie Thoracique, H pital du Haut Levesque, Bordeaux; D partement M decine Aigu  Sp cialis e, H pital Michallon, Grenoble; Service de Pneumologie, H pital Laennec, Nantes; Service de Cardiologie, H pital Pontchaillou, Rennes; and Service de M decine Interne, H pital Claude Huriez, Lille, France



Socio-demographic data

Age 50 ± 15

Women 65%

Men 35%

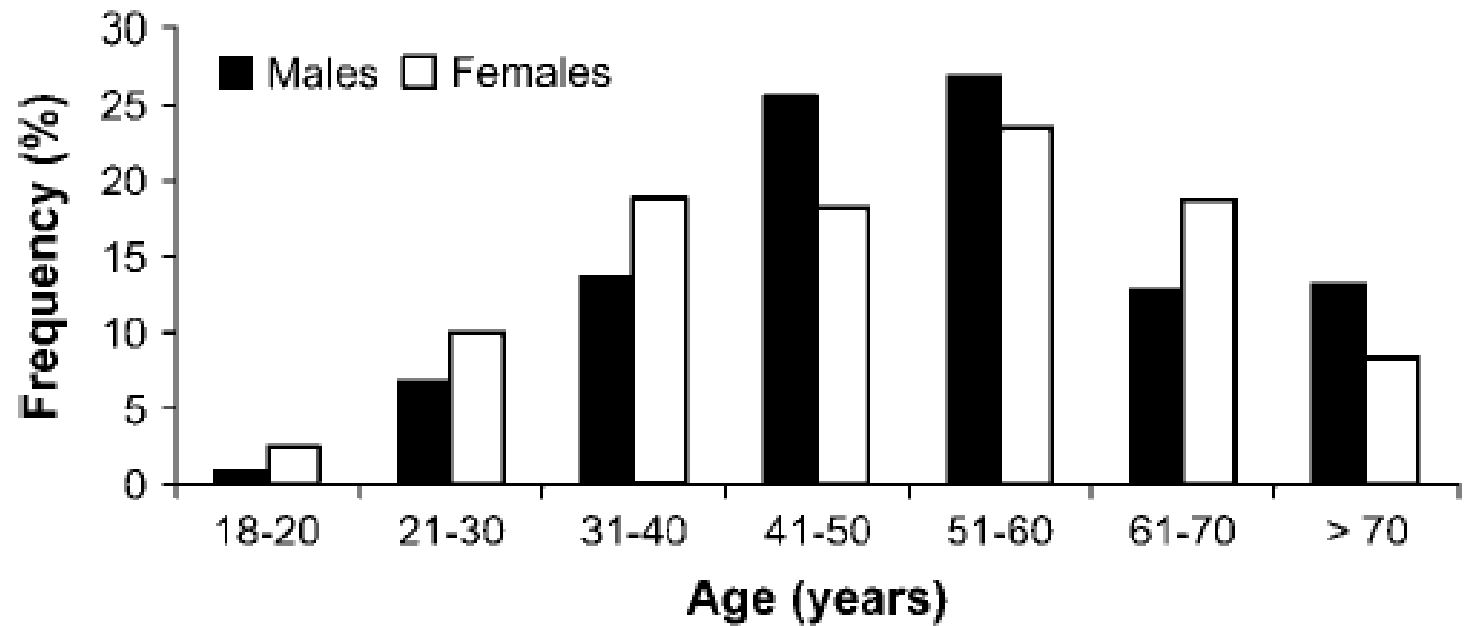
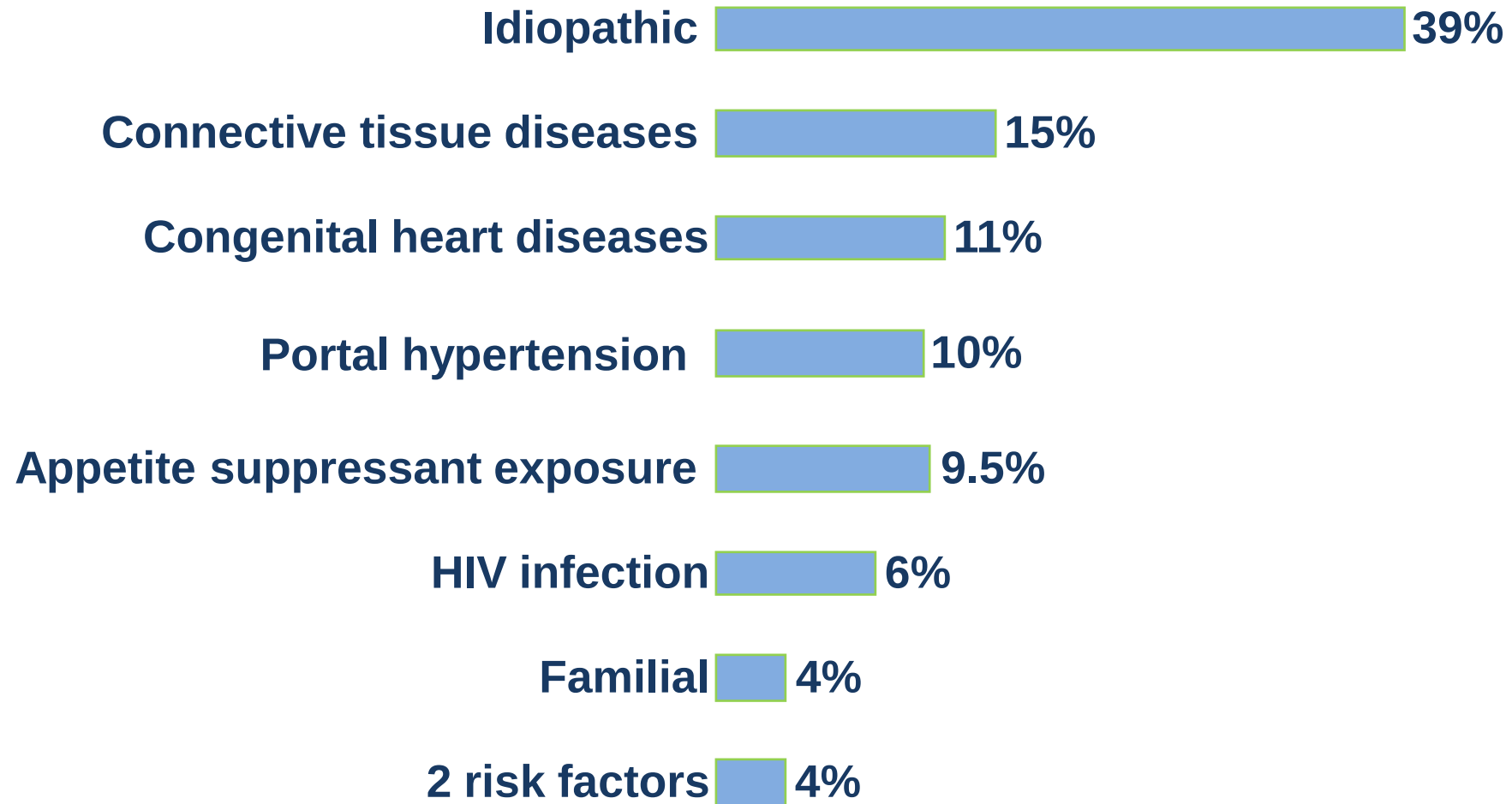
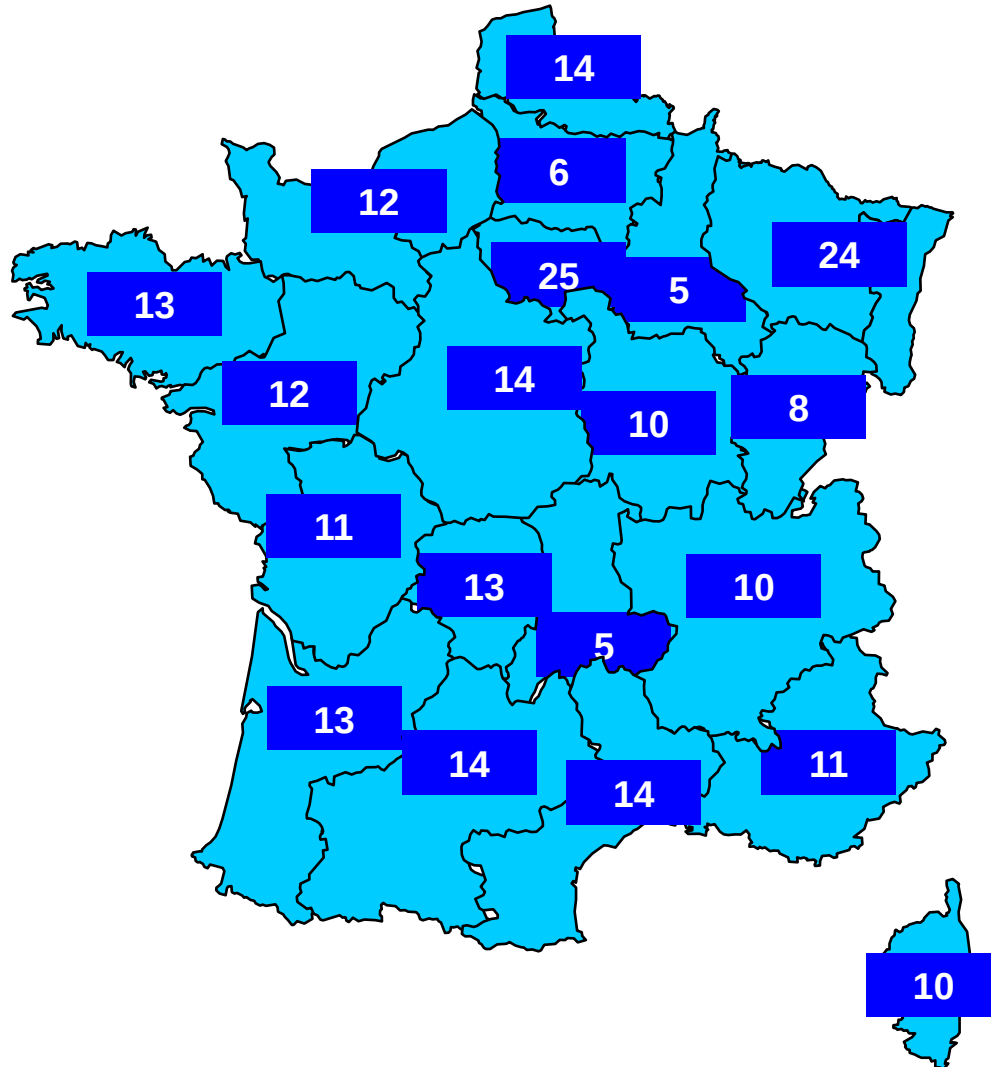


Figure 1. Distribution of patients with pulmonary arterial hypertension according to age based on sex.

Type of PAH at diagnosis



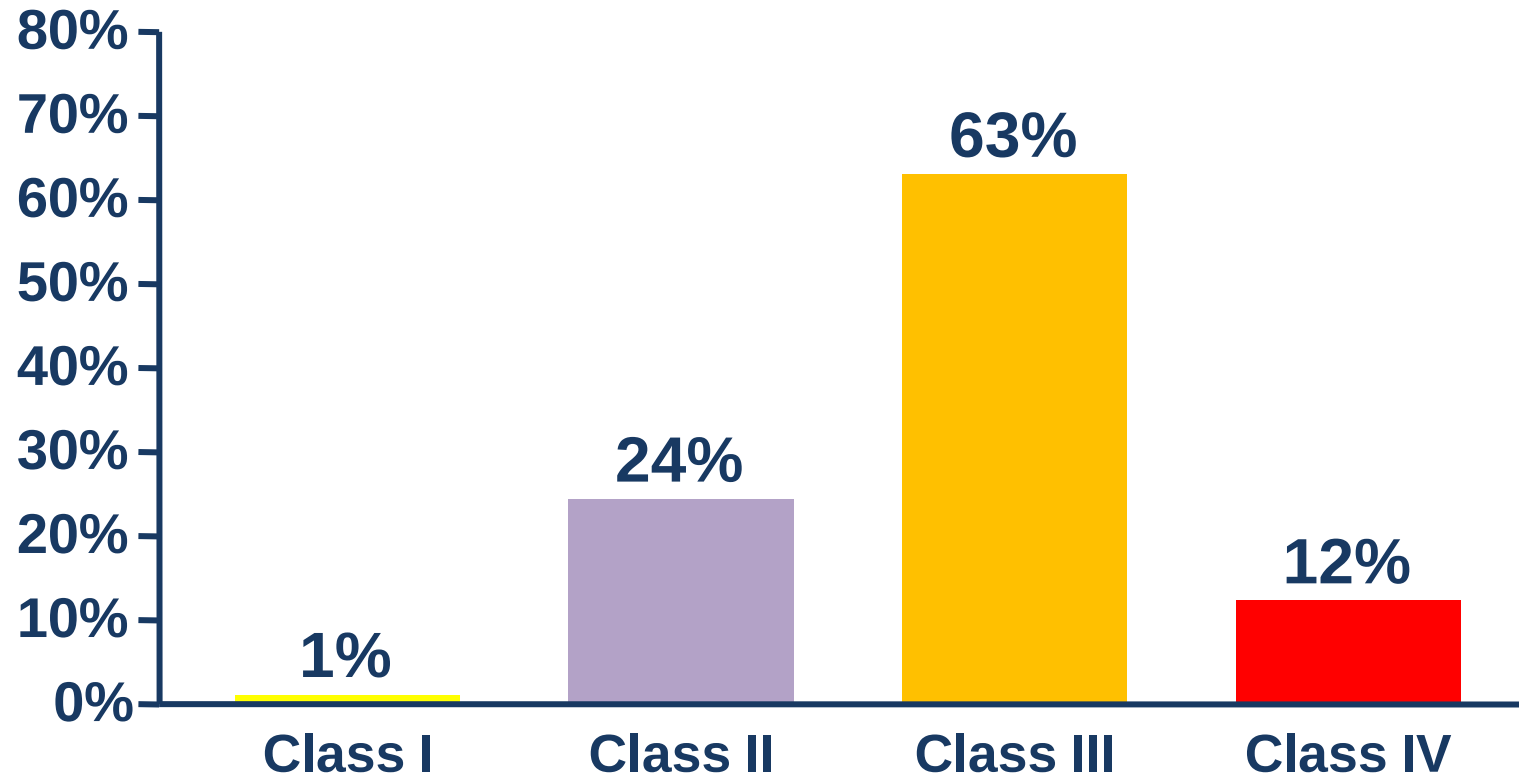
National and regional prevalences



Average 15 / million
Range 5 to 25 / million

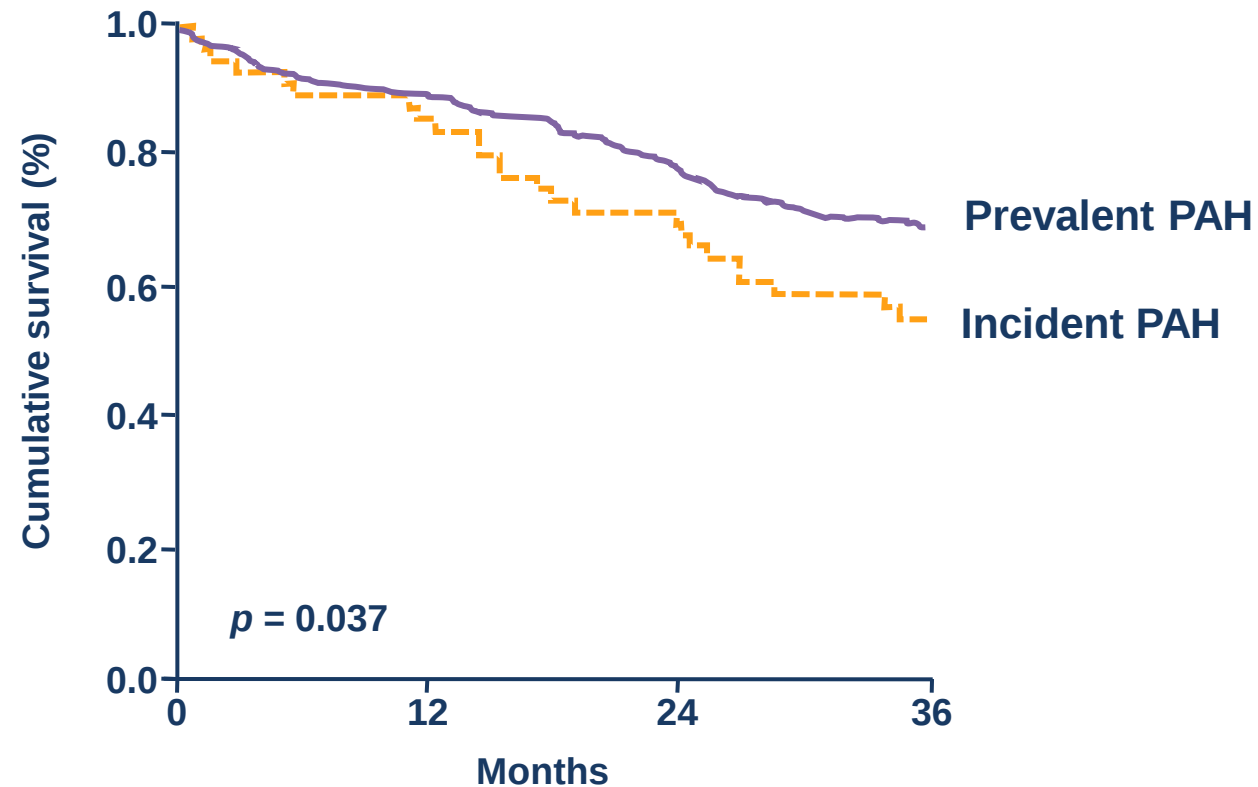
Functional classes at diagnosis

→ Delay between onset of symptoms and diagnosis: 27 months



Survival in the French cohort

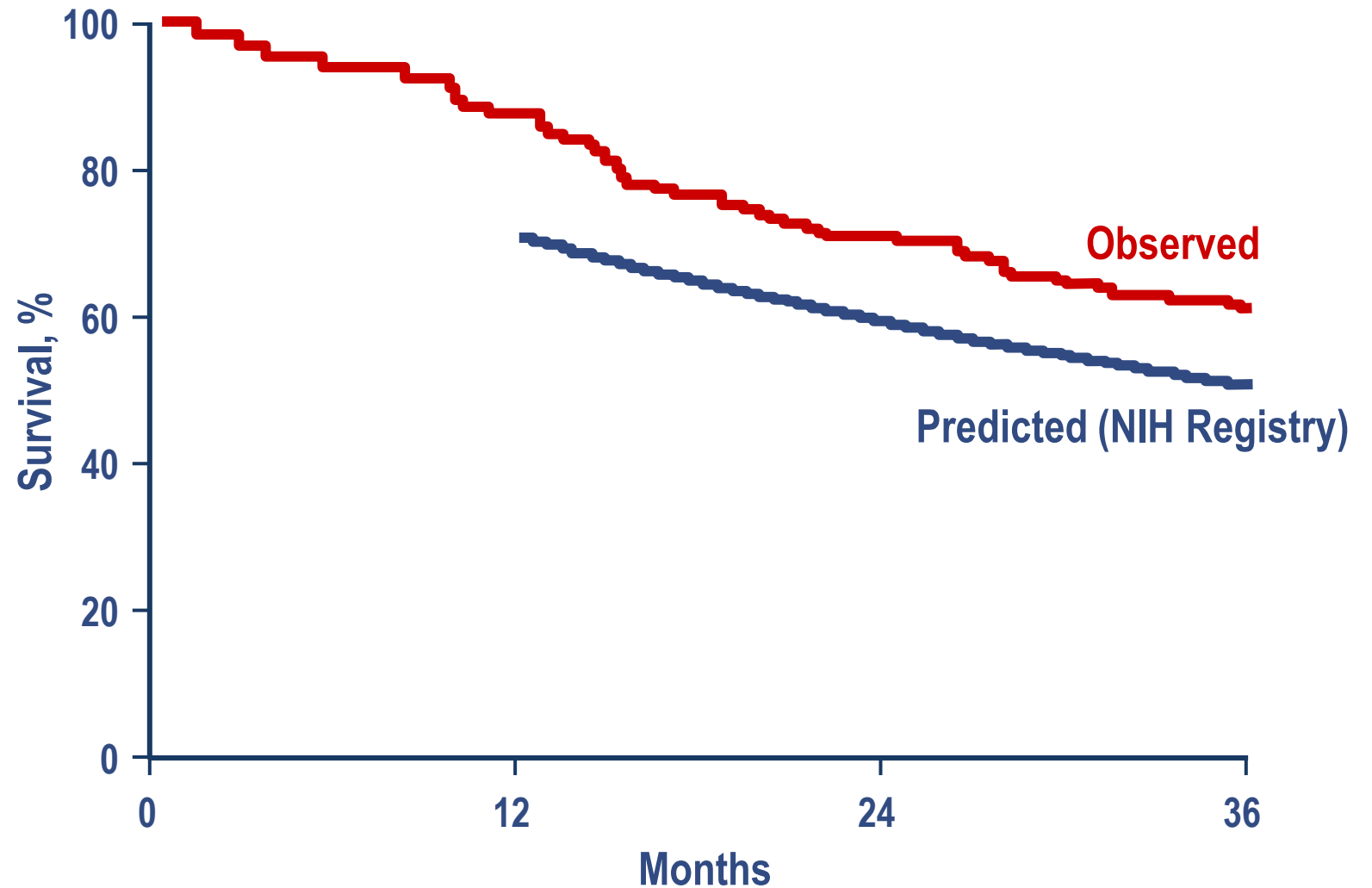
SURVIVAL OF PAH IN THE MODERN ERA (IDIOPATHIC, FAMILIAL & ANOREXIGEN-INDUCED PAH POPULATION)



Survival in the French cohort (incident)

Survival (95% CI)

- 1 year 83 % (72 – 95)
- 2 years 67 % (57 – 79)
- 3 years 58 % (49 – 69)



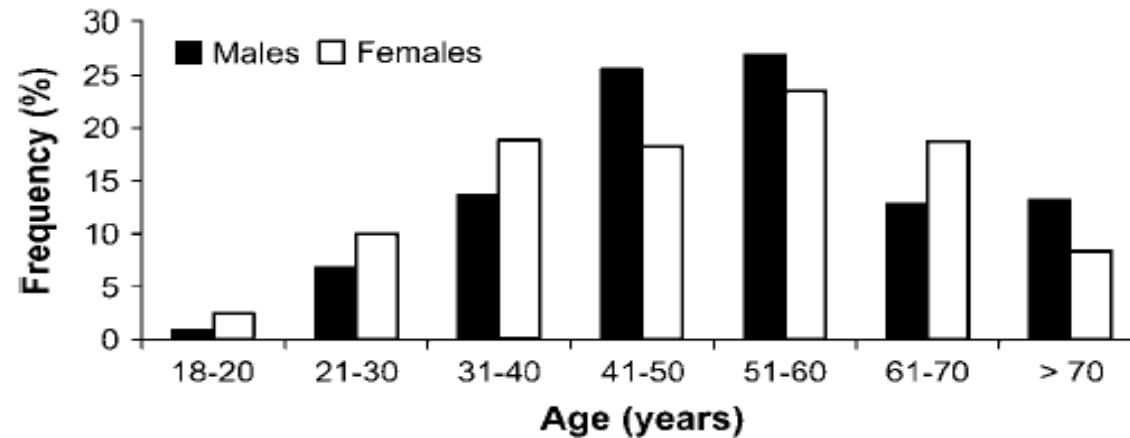
The modern age of PAH registries

- Several large, prospective, multicentre registries are now available worldwide (Europe, US, Canada, Latin America, China, Japan, Middle East & Africa, Australia & NZ etc...)
- Demographics have changed in the western world with increased age and comorbidities
- Increased number of approved therapies, availability of combination therapies and international guidelines have markedly changed management
- Registries have been a key tool for addressing novel questions such as risk stratification and treatment goals

French Idiopathic / Heritable / Associated PAH cohorts (2002 – 2003 & 2006 – 2009)

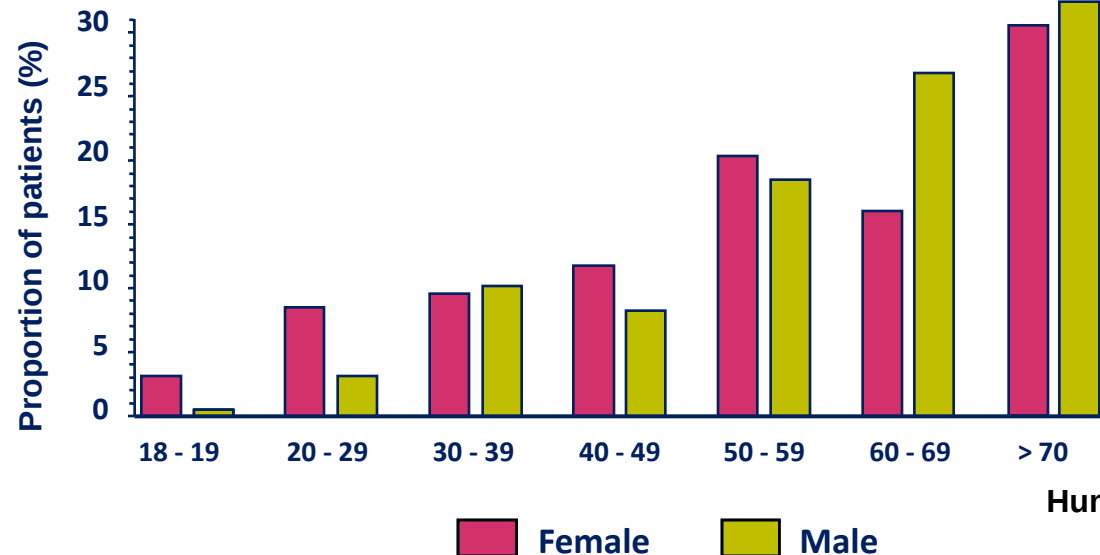
Group 1 (PAH) incident cases	PAH registry (2006 – 2009)	Previous registry (2002 – 2003)
n	718	121
Sex-Ratio F / M	1.33	1.70
Age, yrs (range)	56 ± 15 (18 – 86)	53 ± 17 (19 – 85)
Patients > 70 y-o	24 %	9 %
NYHA FC III-IV	73 %	81 %
6-min walk distance, m	325 ± 123	312 ± 114

French I / H / APAH cohorts (2002 - 2003 & 2006 - 2009)



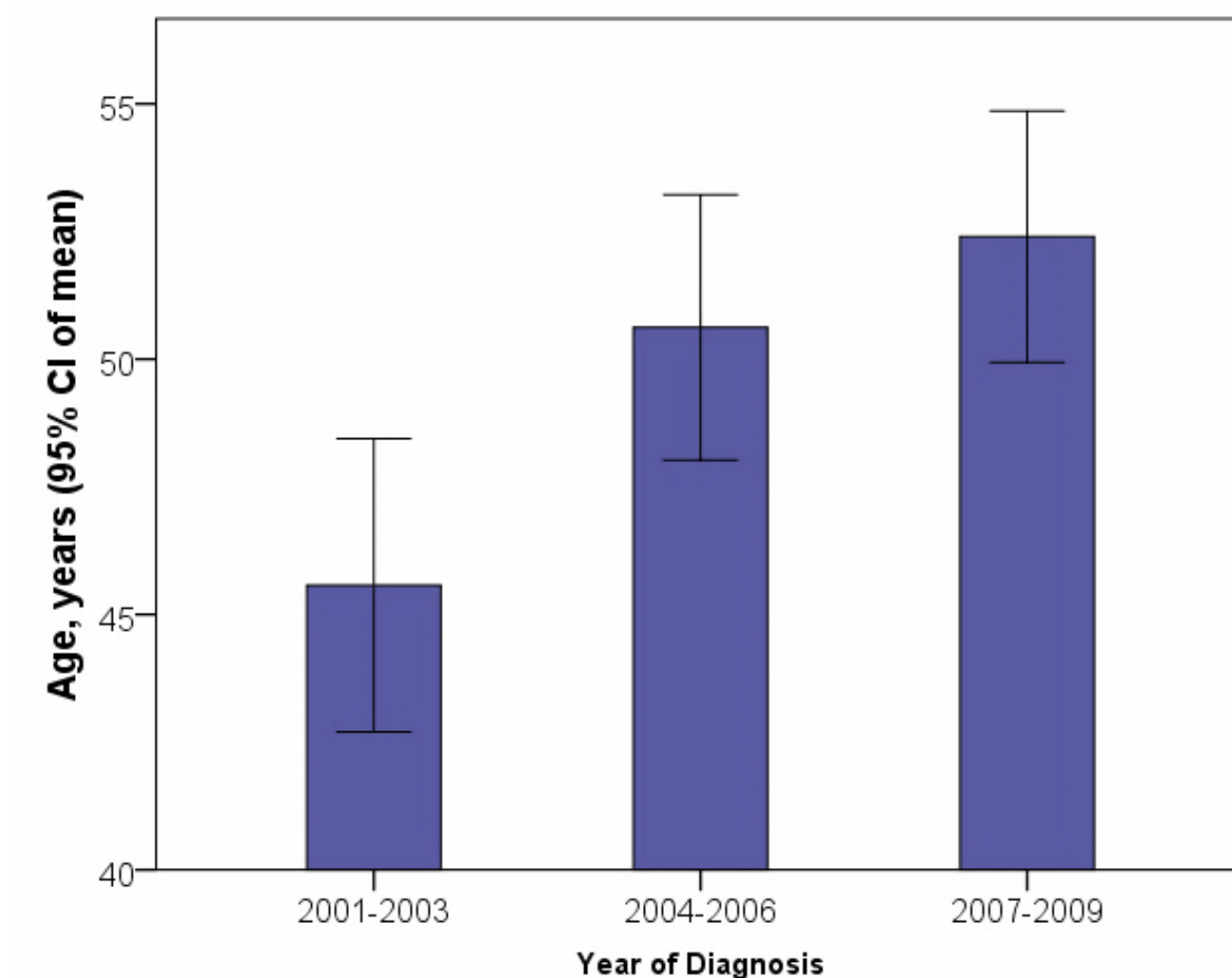
2002 - 2003

Figure 1. Distribution of patients with pulmonary arterial hypertension according to age based on sex.



2006 - 2009

Increasing age of 'pure IPAH' in the UK and Ireland



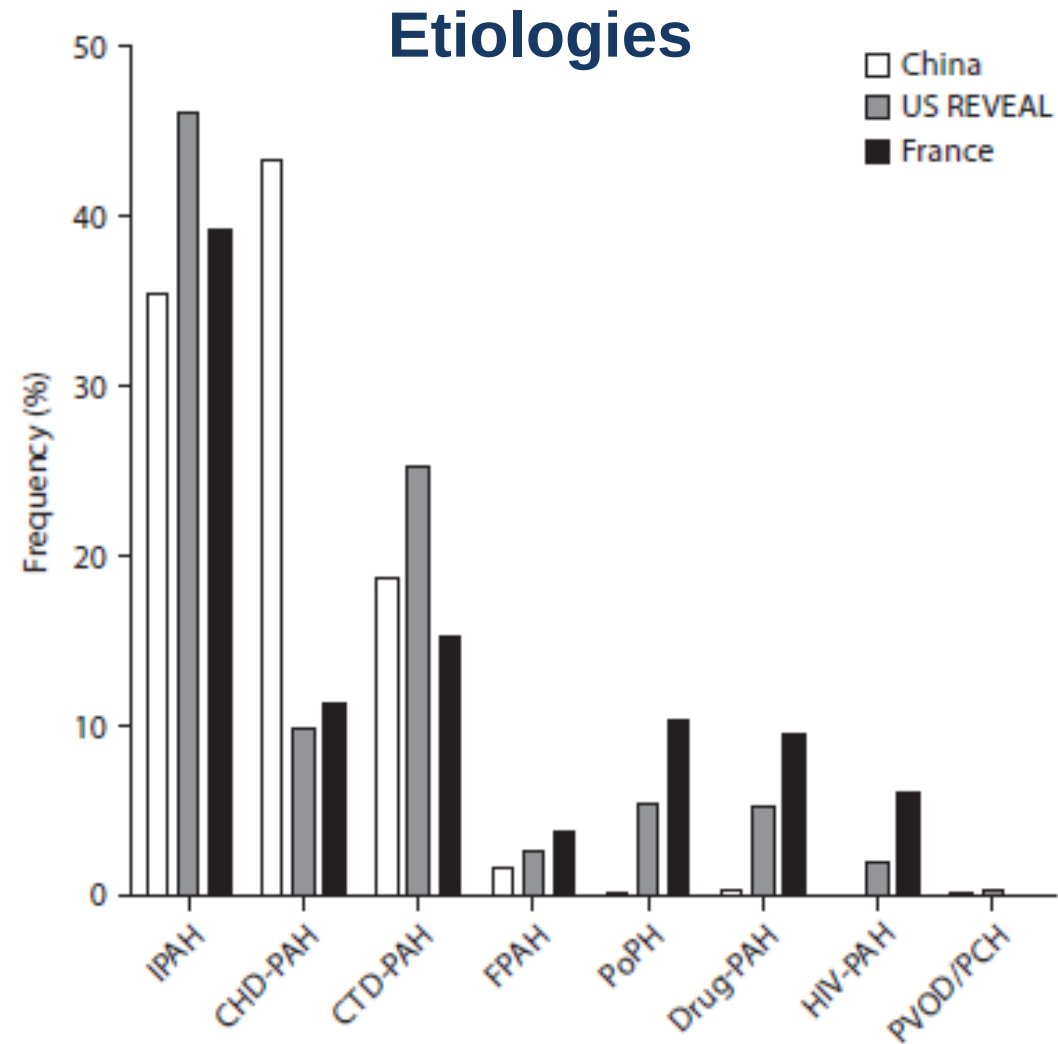
Epidemiology of 'pure IPAH' has changed between 2001 and 2009 in the UK and Ireland

- **Increasing**
 - Incidence
 - Age
 - Body mass index and obesity
 - Co-morbidities
- **Decreasing**
 - DLCO
- **No change**
 - Duration
 - Severity

Baseline characteristics of PAH at the time of diagnosis from different registries

Registry	NIH ⁹	French ⁷	United States ⁶	REVEAL ⁸	United Kingdom/Ireland ⁴	ASPIRE ^{11,a}	COMPERA ⁵
Year	1987	2006	2007	2010	2012	2012	2013
Subjects, <i>n</i>	187	674	578	2,525	482	175	587
Age, years	36 ± 15	50 ± 15	48 ± 14	50.1 ± 14.4	50.1 ± 17.1	55 ± 16	71 ± 16
Women, %	63	65.3	77	55.6	69.9	67	60.3
mPAP, mm Hg	60 ± 18	55 ± 15	52 ± 14	50.7 ± 13.6	54.1 ± 13.9	53 ± 13	44 ± 12
PAWP, mm Hg	^b	8 ± 3	10 ± 4	9.1 ± 3.5	9.2 ± 3.5	10 ± 3	10 ± 3
RAP, mm Hg	9.7 ± 6	8 ± 5	11 ± 7	9.3 ± 5.6	10.1 ± 6.0	11 ± 6	8 ± 5
CI, L/min/m ²	2.27 ± 0.9	2.50 ± 0.8	2.3 ± 0.9	2.4 ± 0.8	2.1 ± 0.7	2.3 ± 0.8	2.2 ± 0.7
PVRi (WU·m ²)	26 ± 14	20.5 ± 10.2	–	21.1 ± 12.5	23.1 ± 10.3	–	–
PVR (WU)	–	–	12.5 ± 7.3	–	12.8 ± 6.3	12.0 ± 5.8	9.6 ± 5.5

European, US & Chinese Registries in the modern management era



European, US & Chinese Registries in the modern management era

Clinical and hemodynamic characteristics

Characteristic	Overall Group 1 PAH			IPAH		
	China (n = 956)	USA (n = 2,525)	France (n = 674)	China (n = 383)	USA (n = 1,166)	France (n = 259)
Female, %	70	80	65	70	83	62
Age, years	36±13	50±14	50±15	38±13	50±15	52±15
Obesity (BMI ≥30), %	1.5	33.3	14.8	2.1	38.4	–
Median time from symptom onset to diagnosis, months	30	14	–	24	–	–
WHO FC III/IV, %	53.6	56	75	66	55	81
6MWD, m	378±125	366±126	329±109	353±127	374±129	328±112
mPAP, mm Hg	63±20	51±14	55±15	63±15	52±13	56±14
mRAP, mm Hg	8±5	9±6	8±5	8±6	10±6	9±5
PCWP, mm Hg	9±3	9±4	8±3	8±	9±4	8±3
CI, l/min/m ²	2.5±0.9	2.4±0.8	2.5±0.8	2.2±0.8	2.2±0.8	2.3±0.7
PVRI, Wood·m ²	25±14	21±13	21±10	27±12	23 ±11	23±10
SvO ₂ , %	66±12	63±10	63±9	60±11	62±10	61±10
Acute vasodilator responders, %	2.8	10.2	5.8	5.0	–	10.3

European, US & Chinese Registries in the modern management era

Comorbidities

Comorbid condition	Group 1 PAH		IPAH	
	US REVEAL (n = 2,438)	China (n = 956)	US REVEAL (n = 1,114)	China (n = 338)
Hypertension	980 (40.2)	44 (4.6)	466 (41.8)	10 (3.0)
Diabetes	293 (12.0)	16 (1.6)	158 (14.2)	4 (1.2)
Ischemic cardiovascular event ¹	227 (9.3)	15 (1.6)	114 (10.2)	8 (2.4)
Chronic parenchymal disease ²	533 (21.9)	29 (3.0)	258 (23.2)	5 (1.5)
Renal insufficiency	109 (4.9)	8 (0.8)	48 (4.3)	2 (0.6)
Thyroid disease ³	527 (21.6)	10 (1.0)	227 (20.4)	1 (0.3)
Cirrhosis	151 (6.2)	4 (0.4)	20 (1.8)	1 (0.3)
History of VTE ⁴	313 (12.8)	11 (1.2)	164 (14.7)	0 (0)
Cancer	148 (6.1)	5 (0.5)	69 (6.2)	1 (0.3)

Four recent registries assessing risk stratification in PAH

REVEAL¹



Swedish PAH Registry²

COMPERA³

French PH Registry⁴

1. Benza RL, et al. *J Heart Lung Transplant*. 2015;34:356–61.

2. Kylhammar D, et al. *Eur Heart J* 2017; ehx257.

3. Hoeper MM, et al. *Eur Respir J* 2017; 50:1700740.

4. Boucly A, et al. *Eur Respir J* 2017; 50:1700889.

REVEAL Registry: Risk score

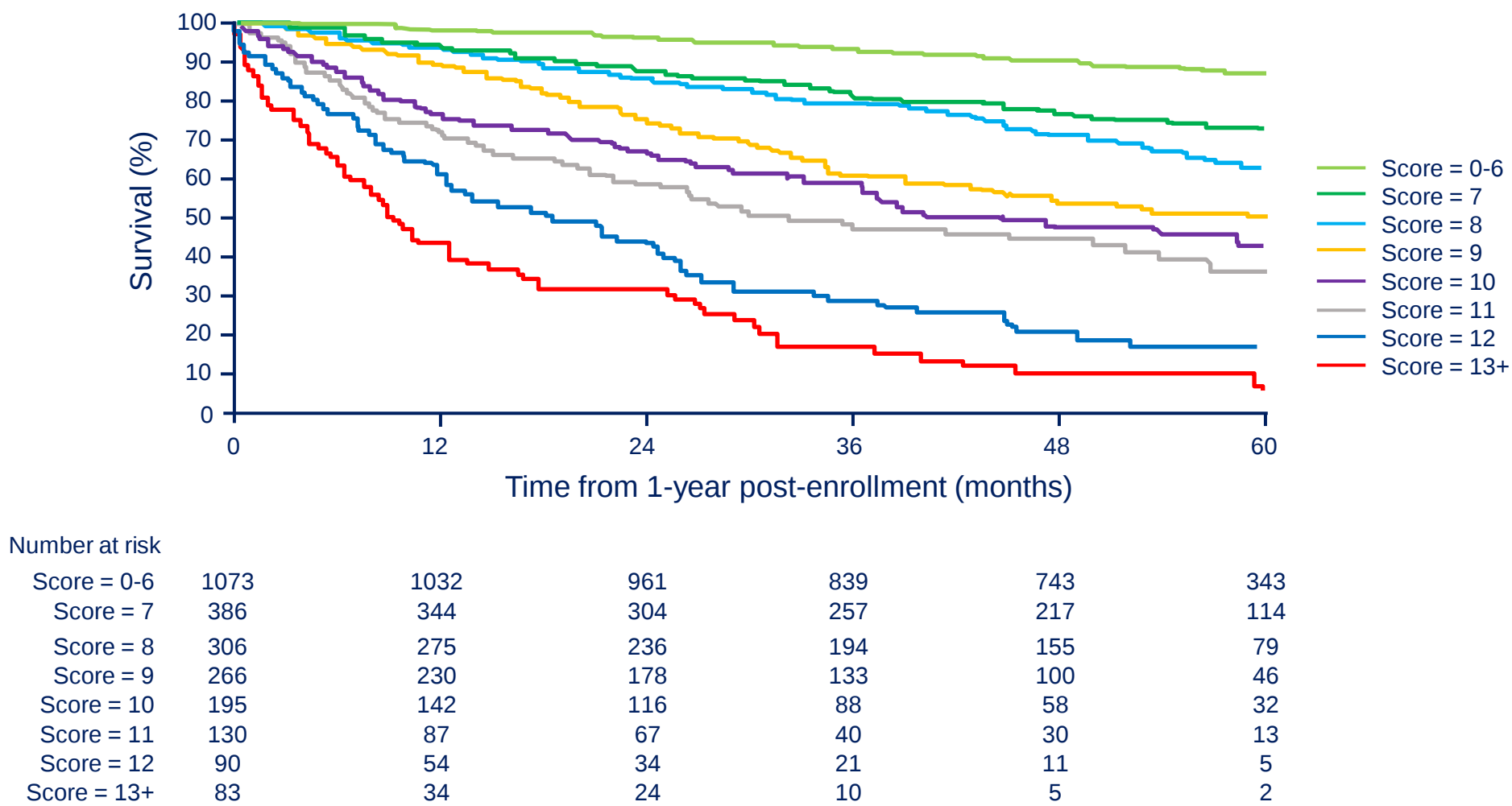
- Multivariable model coefficients replaced with integer values to create calculator¹
- Risk calculator allows easy tabulation of risk score¹
- REVEAL 2.0 can predict survival and clinical worsening²

WHO Group 1 Subgroup	Original risk score	CTD-PAH +1	PoPH +2	Heritable +2
	Updated risk score	CTD-PAH +1	PoPH +3	Heritable +2
Demographics	Original risk score	Males age > 60 years		
	Updated risk score	Score (no change) +2		
Comorbidities	Original risk score	Renal insufficiency		
	Updated risk score	eGFR < 60 mL/min/ 1.73m ² or renal insufficiency (if eGFR is unavailable) +1		
NYHA/WHO Functional Class	Original risk score	FC I -2	FC III +1	FC IV +2
	Updated risk score	FC I -1	FC III +1	FC IV +2
All-Cause Hospitalizations ≤ 6 Months	New variable	All-cause hospitalizations within 6 months +1		
Vital signs	Original risk score	SBP < 110mmHg +1	HR > 92 BPM +1	
	Updated risk score	SBP < 110mmHg +1	HR > 96 BPM +1	

6MWD	Original risk score	≥ 440 m -1	< 160 m +1	
	Updated risk score	≥ 440 m -2	320 to < 440 m -1	< 165 m +1
BNP	Original risk score	< 50 pg/mL -1	> 180 pg/mL +1	
	Updated risk score	< 50 pg/mL or NT-proBNP < 300 pg/mL -2	200 to < 800 pg/mL +1	≥ 800 pg/mL or NT-proBNP ≥ 1100 pg/mL +2
Echocardiogram	Original risk score	Pericardial effusion		
	Updated risk score	Score (no change) +1		
Pulmonary Function Test	Original risk score	% predicted DLCO ≥ 80% -1	% predicted DLCO ≤ 32% +1	
	Updated risk score	% predicted DLCO < 40% +1		
Right Heart Catheterization	Original risk score	mRAP ≥ 20 mmHg within 1 year +1	PVR > 32 Wood units +2	
	Updated risk score	mRAP ≥ 20 mmHg within 1 year +1	PVR < 5 Wood units -1	

▲ Indicates change in cutoff □ Indicates change risk point

Survival according to REVEAL 2.0 score



REVEAL PAH risk score considerations

- Large number of variables (-)
- Incorporates non-modifiable variables (-)
- Weighted variables (+)
- Validated across many different patient groups (+)
- Highly discriminatory for both survival and clinical worsening (+)
- Works in both incident and prevalent cases (+)
- External validation (French PAH Registry cohort) (+)

1. Benza R, et al. *J Heart Lung Transplant* 2017; 36:S19;
2. Benza R, et al. *Eur Respir J* 2017; 50:1701353;
3. Benza R, et al. *Chest* 2019; article in press;
4. Sitbon O, et al. *Eur Respir J* 2015; 46:152-164.

2015 ESC/ERS Guidelines – Risk stratification in PAH

Clinical Evaluation

Exercise Capacity

Right Ventricular Function

Determinants of prognosis	Estimated 1-year mortality		
	Low risk < 5%	Intermediate risk 5-10%	High risk > 10%
Clinical signs of right heart failure	Absent	Absent	Present
Progression of symptoms	No	Slow	Rapid
Syncope	No	Occasional syncope	Repeated syncope
FC	I, II	III	IV
6MWD	> 440 m	165 - 440 m	< 165 m
CPET	Peak VO ₂ > 15 ml/min/kg (> 65% pred.) VE/VCO ₂ slope < 36	Peak VO ₂ 11 - 15 ml/min/kg (35-65% pred.) VE/VCO ₂ slope 36 - 44.9	Peak VO ₂ < 11ml/min/kg (< 35% pred.) VE/VCO ₂ slope ≥ 45
NT-proBNP plasma levels	BNP < 50 ng/l NT-proBNP < 300 ng/l	BNP 50–300 ng/l NT-proBNP 300–1400 ng/l	BNP > 300 ng/l NT-proBNP > 1400 ng/l
Imaging (echo, CMR)	RA area < 18 cm ² No pericardial effusion	RA area 18–26 cm ² No or minimal pericardial effusion	RA area > 26 cm ² Pericardial effusion
Hemodynamics	RAP < 8 mmHg CI ≥ 2.5 l/min/m ² SvO ₂ > 65%	RAP 8–14 mmHg CI 2.0–2.4 l/min/m ² SvO ₂ 60–65%	RAP > 14 mmHg CI < 2.0 l/min/m ² SvO ₂ < 60%

Validation of ESC/ERS risk stratification for PAH



European Heart Journal (2017) 0, 1-7
doi:10.1093/eurheartj/ehx257

CLINICAL RESEARCH
Pulmonary circulation

A comprehensive risk stratification at early follow-up determines prognosis in pulmonary arterial hypertension

David Kylhammar^{1*}, Barbro Kjellström², Clara Hjalmarsson³, Kjell Jansson⁴, Magnus Nisell⁵, Stefan Söderberg⁶, Gerhard Wikström⁷, and Göran Rådegran¹, on behalf of SveFPH and SPAHR

Mortality in pulmonary arterial hypertension: prediction by the 2015 European pulmonary hypertension guidelines risk stratification model

Marius M. Hoeper^{1,2}, Tillmann Kramer^{3,4}, Zixuan Pan⁵, Christina A. Eichstaedt⁶, Jens Spiesshoefer⁶, Nicola Benjamin⁵, Karen M. Olsson^{1,2}, Katrin Meyer¹, Carmine Dario Vizza⁷, Anton Vonk-Noordegraaf⁸, Oliver Distler⁹, Christian Opitz¹⁰, J. Simon R. Gibbs¹¹, Marion Delcroix¹², H. Ardeschir Ghofrani¹³, Doerte Huscher¹⁴, David Pittrow¹⁵, Stephan Rosenkranz^{3,4} and Ekkehard Grünig^{2,5}

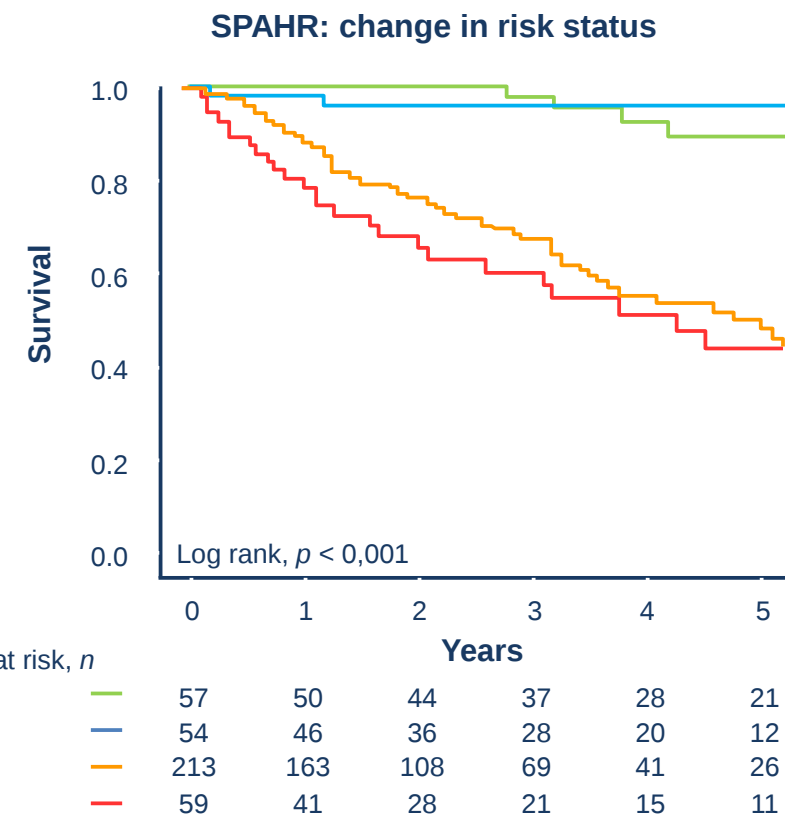
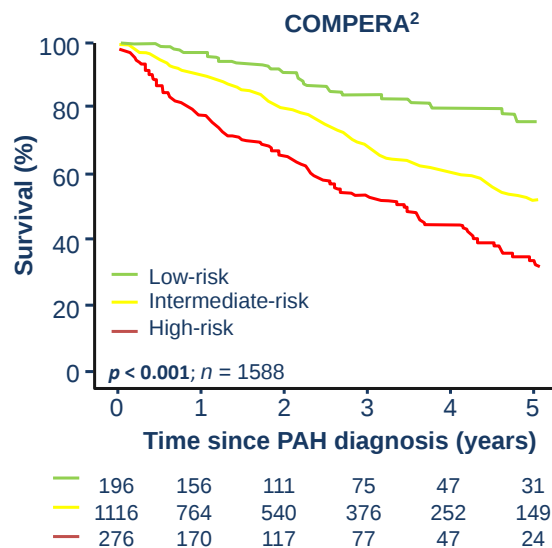
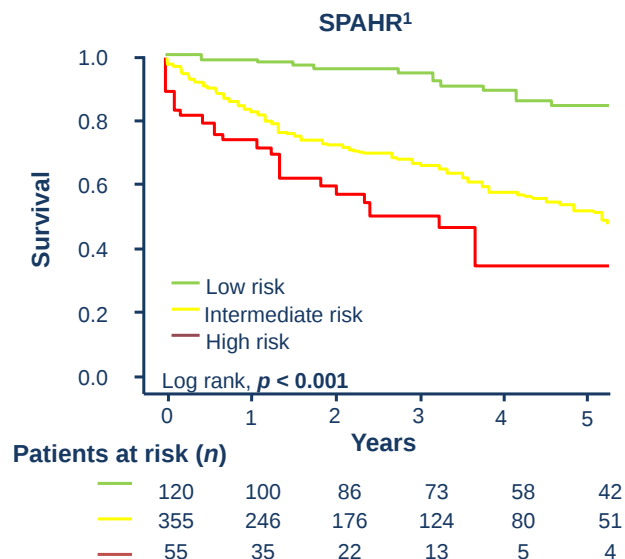
Risk assessment, prognosis and guideline implementation in pulmonary arterial hypertension

Athénaïs Boucly^{1,2,3}, Jason Weatherald^{2,3,4}, Laurent Savale^{1,2,3}, Xavier Jaïs^{1,2,3}, Vincent Cottin⁵, Grégoire Prevot⁶, François Picard⁷, Pascal de Groote⁸, Mitja Jevnikar^{1,2,3}, Emmanuel Bergot⁹, Ari Chaouat^{10,11}, Céline Chabanne¹², Arnaud Bourdin¹³, Florence Parent^{1,2,3}, David Montani^{1,2,3}, Gérald Simonneau^{1,2,3}, Marc Humbert^{1,2,3} and Olivier Sitbon^{1,2,3}

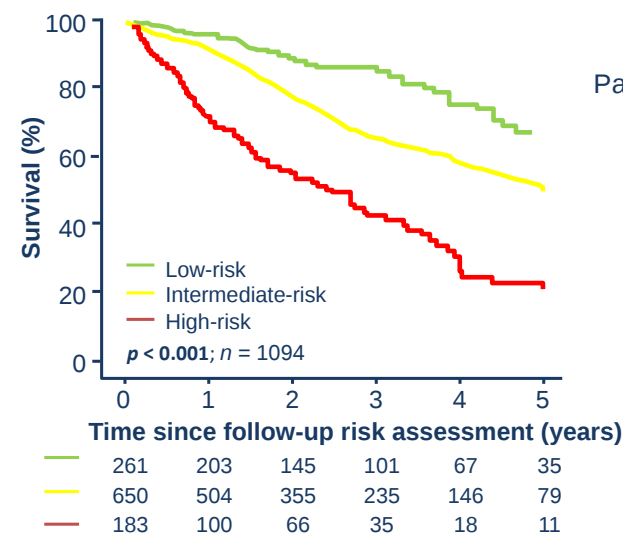
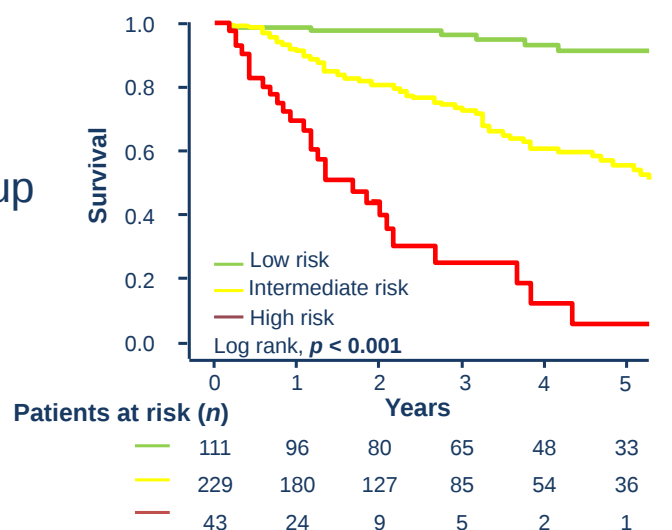
Kylhammar (8 variables)	Hoeper (6 variables)	Boucly (4 or 3 variables)
n = 530 PAH (2008-2016)	n = 1588 PAH (2009-2016)	n = 1017 IPAH (2006-2016)
WHO 6MWD BNP RA area Pericardial effusion RAP CI SvO ₂	WHO 6MWD BNP RAP CI SvO ₂	WHO 6MWD RAP CI WHO 6MWD BNP
Sum of grades (1 low-3 high) /number available variables	Sum of grades (1 low-3 high) /number available variables	Number of low risk variables

Validation of ESC/ERS risk stratification in large registries

Baseline



Follow-up



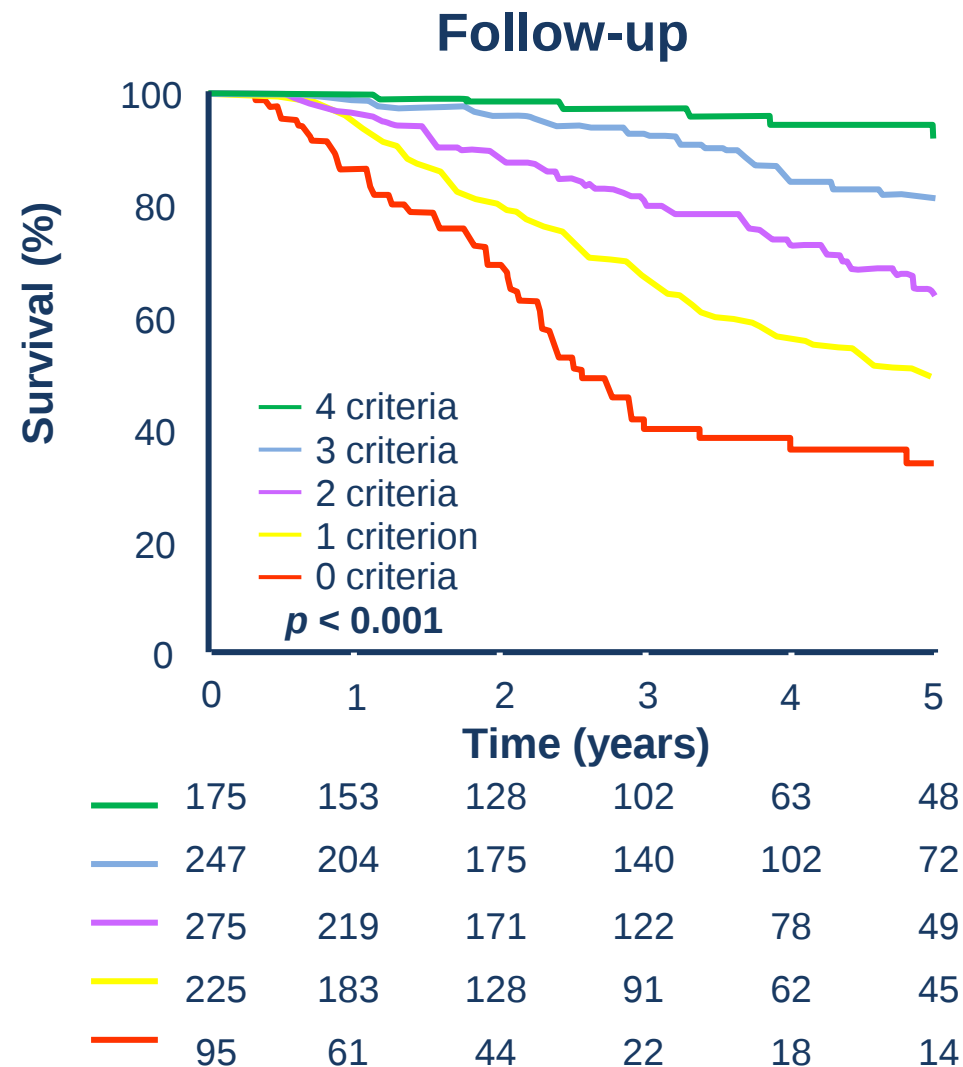
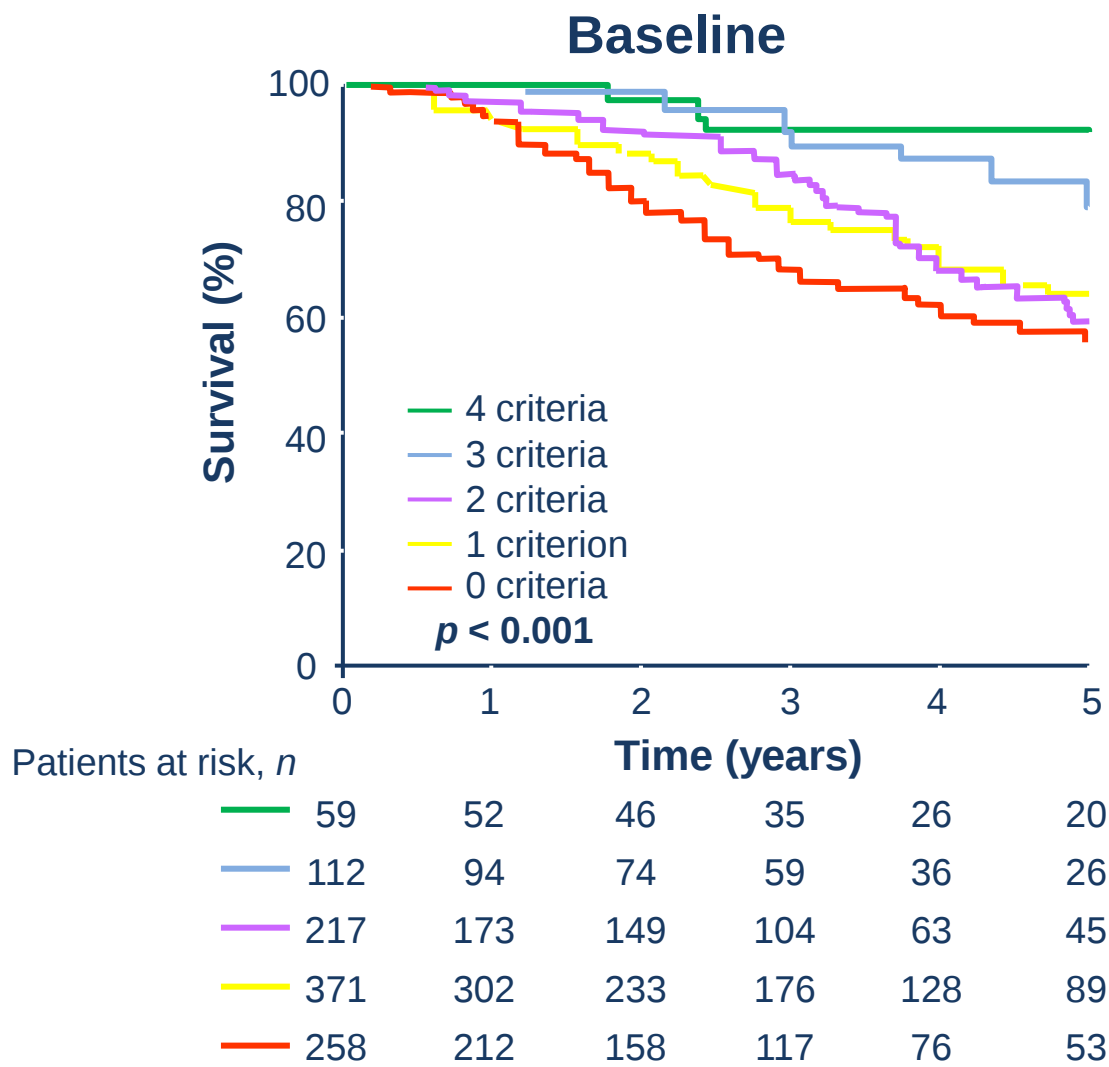
1. Kylhammar D, et al. *Eur Heart J* 2017; ; ehx257;
2. Hoeper MM, et al. *Eur Respir J* 2017; 50:1700740.

French Registry approach: association between the number low-risk criteria and survival

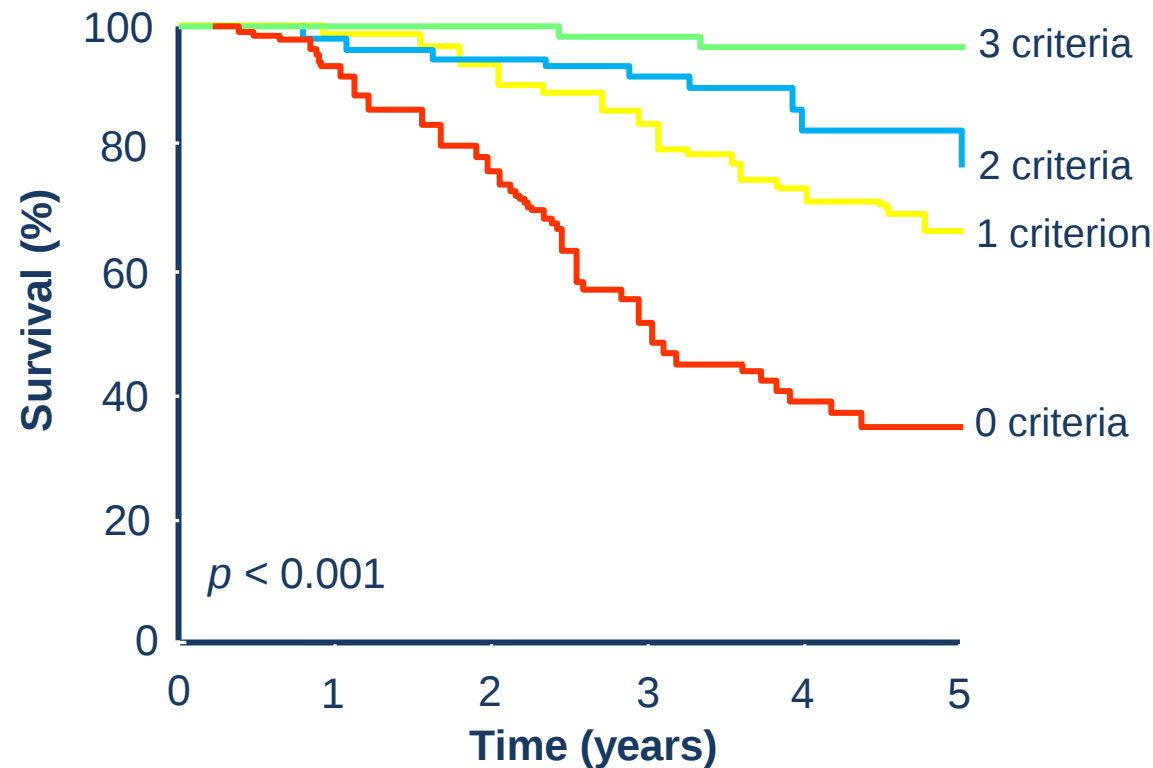
- Incident patients with idiopathic, heritable and drug-induced PAH between 2006-2016 were analysed
- The number of low-risk criteria present at diagnosis and at first re-evaluation were assessed:
 - WHO/NYHA functional class I or II
 - 6-minute walk distance (6MWD) > 440m
 - right atrial pressure < 8 mmHg
 - cardiac index ≥ 2.5 L/min/m²
- 1017 / 1591 patients having all parameters available at both baseline and first re-evaluation

Determinants of prognosis	Low risk < 5%
Clinical signs of right heart failure	Absent
Progression of symptoms	No
Syncope	No
FC	I, II
6MWD	> 440 m
CPET	Peak VO ₂ > 15 ml/min/kg (> 65% pred.) VE/VCO ₂ slope < 36
NT-proBNP plasma levels	BNP < 50 ng/l NT-proBNP < 300 ng/l
Imaging (echo, CMR)	RA area < 18 cm ² No pericardial effusion
Hemodynamics	RAP < 8 mmHg CI ≥ 2.5 l/min/m ² SvO ₂ > 65%

Achievement of multiple low risk criteria is associated with improved long-term outcomes



Number of non-invasive low-risk criteria at follow-up is also associated with prognosis



Patients at risk, n ($n = 603$)

3 criteria	115	97	81	63	38	26
2 criteria	145	116	95	72	36	21
1 criterion	175	136	101	62	38	24
0 criteria	168	117	76	39	23	11

Non-invasive low-risk criteria:

NYHA FC I-II

6MWD >440 m

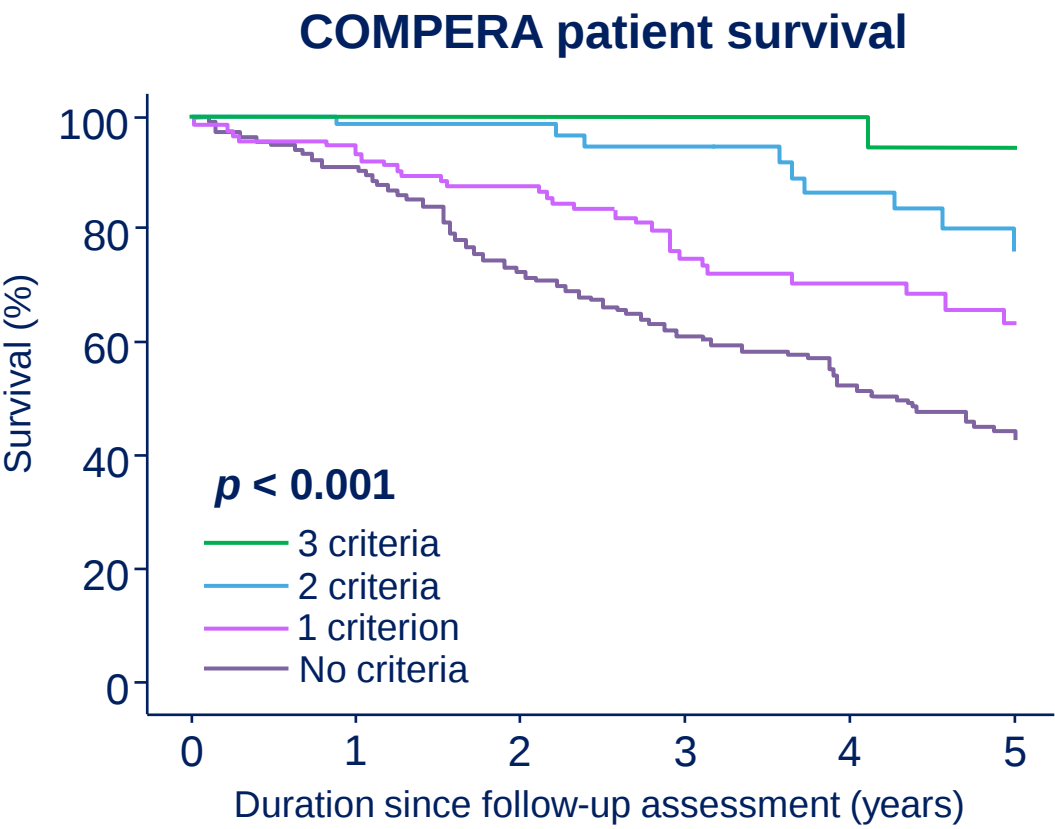
BNP <50 ng/L or NT-proBNP <300 ng/L

Patients with all 3 non-invasive low-risk criteria ($\approx 20\%$) had a 2-, 3- and 5-year survival of 100%, 99% and 97%, respectively

➔ Invasive hemodynamic risk assessment provides important prognostic information in patients who do not achieve 3 non-invasive low-risk criteria

When the French registry risk score was applied to the COMPERA population...

...Comparable survival rates for COMPERA and French Registry patients were observed



	Number of low-risk criteria at follow up	1 Year survival estimate	3 Year survival estimate	5 Year survival estimate
COMPERA	3 low-risk criteria	100%	100%	95%
	2 low-risk criteria	99%	95%	76%
	1 low-risk criterion	93%	75%	64%
	0 low-risk criteria	90%	61%	43%
French registry	3 low-risk criteria	100%	97%	96%
	2 low-risk criteria	98%	90%	77%
	1 low-risk criterion	98%	83%	66%
	0 low-risk criteria	94%	52%	35%

Conclusions

- Registries are unique tools allowing a better understanding of PAH epidemiology
- PAH registries have been very useful (PAH incidence, prevalence, etiologies, patients' characteristics, survival, ...)
- Risk stratification and treatment goals can be tested in registries

Guidelines for Registries Implementation

- The process of registry development
 - **Keep the registry simple**
 - A database should include the minimal number of variables that are necessary to answer the questions that we are asking to ourselves (the simpler the registry, the less prone to errors)
 - **Adequate selection of participating centers**
 - One of the major criticisms of some registries is that some participating centres had a very low recruitment rate, thus reflecting high variability with regards the experience with the diagnosis and management of the disease.