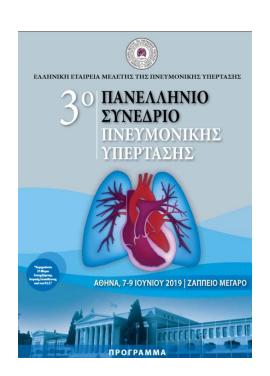
# Ενδιαφέροντα περιστατικά με ΠΥ

Μαρία Δρακοπούλου

Α' Πανεπιστημιακή Καρδιολογική Κλινική

Ιπποκράτειο Νοσοκομείο



# **Background**

### DoB:

• 20<sup>th</sup> August 1990 (27y F)

## **Cardiac Diagnoses:**

- Situs solitus, levocardia, AV and VA concordance
- Perimembranous VSD, PFO

Presented at RBH at the age of 12 years old

## Diagnostic cardiac catheterization (12/7/2002)

Haemodynamics: In air

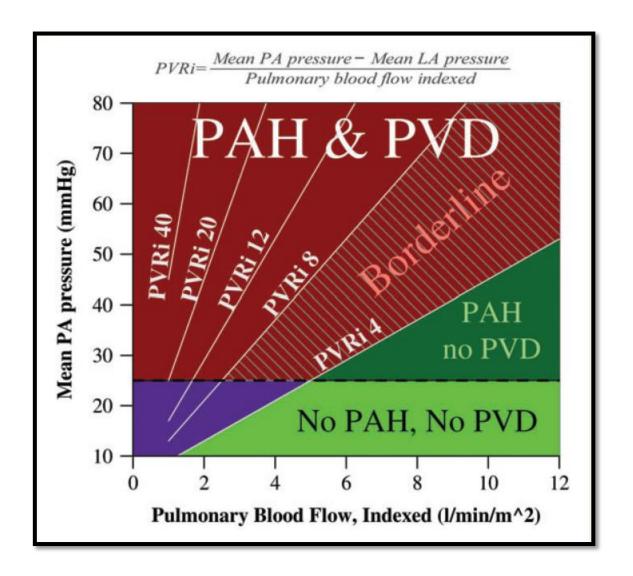
Site	SaO <sub>2</sub> (%)	Pressure (mm Hg)
IVC	85.6	
SVC	74.4	
RA	82	
RV	82.6	66/-4/4
PA	85	60/27/44
Desc Ao	96.5	99/50/69

Findings: 1. Qp:Qs Air 1

2. PVRI

Air: VO2 150ml/min 6.3 units.m2

## Calculating PVR in patients with CHD

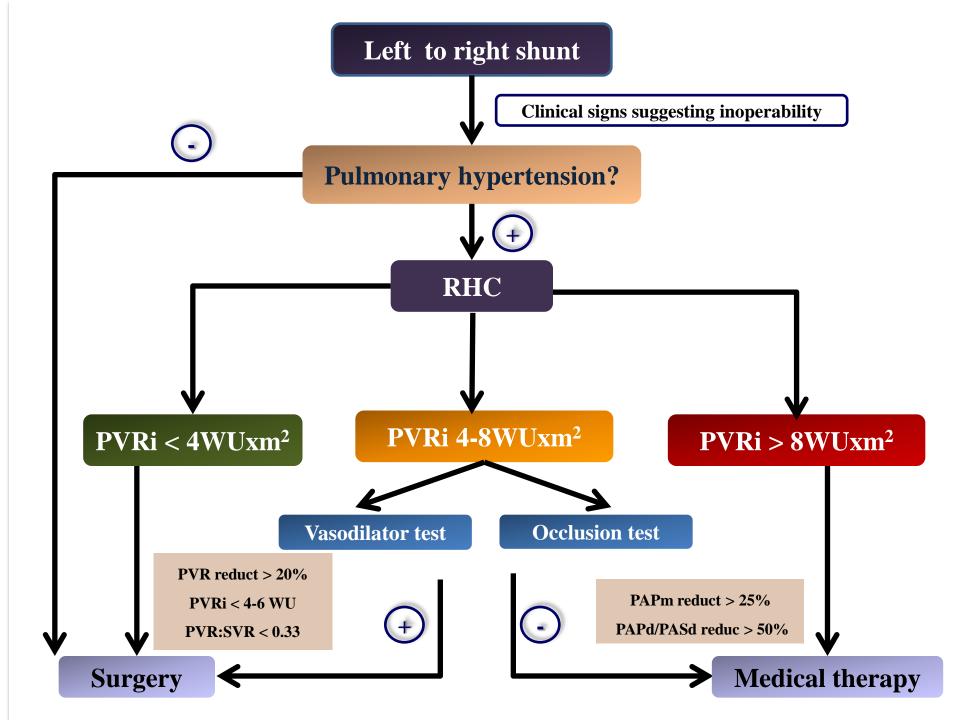


K. Dimopoulos, S.J. Wort, M.A. Gatzoulis, European Heart Journal (2014) 35, 691-700

## What is the role of Vasoreactivity Testing in CHD?

#### AVT in the evaluation of children with PVR

Recommendations	COR	LOE
Cardiac catheterisation is indicated in all paediatric patients with pulmonary hypertension (PH) to confirm diagnosis, to evaluate the severity and when PH-specific drug therapy is considered.	-1	С
Initial cardiac catheterisation should include right as well as left heart catheterisation to establish the diagnosis (not only RHC), if there is no contraindication.	1	С
Cardiac catheterisation may be omitted in acutely presenting, critically ill patients requiring immediate initiation of therapy.	-1	В
Cardiac catheterisation for the diagnosis of PAH should include acute vasoreactivity testing (AVT; see main text), unless there is a reasonable contraindication, such as PH associated with left heart disease (PH Group II).	1	С
AVT to assess prognosis and indication for specific PH therapy: The haemodynamic change that defines a positive response to AVT in PH without shunt (Qp:Qs=1:1) (see main text) for children should be considered as a >20% fall in mean pulmonary arterial pressure (mPAP) and PVRi/SVRi ratio without a decrease in cardiac output.	lla	С
Haemodynamic indicators of PH severity are PVRi/SVRi ratio and PVRi, rather than per cent fall in mPAP during AVT. Severe PH with high PVRi/SVRi ratio and high PVRi requires advanced and/or combination therapy.	lla	С
AVT to assess operability of APAH-CHD: The haemodynamic change that defines a positive response to AVT in PH with shunt (Qp:Qs $>1.5:1$ ) (see main text) for children should be considered as a $>20\%$ fall in PVRi and PVRi/SVRi with respective final values $<6$ iWU and $<0.3$	lla	С



# Diagnostic cardiac catheterization (12/7/2002)

#### Haemodynamics: In 100% oxygen and 20ppm NO

Site	SaO <sub>2</sub> (%)	Pressure (mm Hg)
IVC	95	
SVC	71.6	
RA	89.6	2/2/1
LA	98.5	7/10/6
RV		60/-2/6
PA	96	60/26/44
LV		87/-1/7
Desc Ao	98.5	94/60/77

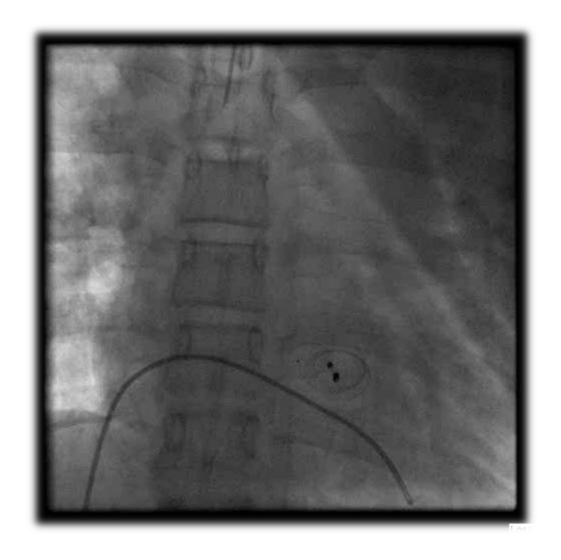
Findings: 1. Qp:Qs 100% oxygen 20ppm NO 4.77

PVRI

100% VO2 150ml/min 4.7 units.m2

# **VSD closure (23/10/2003)**

### 14mm Amplatzer perimembranous VSD occluder



#### Haemodynamics:

Cond 1 (baseline	, FiO2 0.21)	
Site	SaO <sub>z</sub> (%)	Pressure (mm Hg)
SVC	77	0.000
RA		6/7/5
RV		68/8
MPA	73	62/34 - 49
LA	92	10/9/6
LV		84/6
LV-Ao pullback		no gradient
Ao	92	78/51 - 65
Cond 2 (FIO2 1.0	))	5 ( D-)
Site	SaO <sub>2</sub> (%)	Pressure (mm Hg)
SVC	79	0.177.0
RA		9/7/6
MPA	79	56/11 - 34
LA	99	9/8/6
Ao	98	77/50 - 63
Cond 3 (FIO2 1.0	), NO 80 ppm)	100
Site	SaO <sub>2</sub> (%)	Pressure (mm Hg)
SVC	81	
RA		9/8/7
MPA	82	57/21 - 38
LA	98	11/10 - 8
Ao	98	75/50 - 63
Cond 4 (washou		
Site	SaO <sub>2</sub> (%)	Pressure (mm Hg)
SVC	70	
RA		9/9/7
MPA	70	60/27 - 43
LA	90	11/12/9
Ap	90	76/47 - 60
Cond 5 (FiO2 0.	21, NO 80 ppm)	
Site	SaO <sub>2</sub> (%)	Pressure (mm Hg)
SVC	69	0.00
RA		8/7/6
MPA	70	59/23 - 40
LA	92	10/9/6
Ao	91	83/48 - 67
2.40		

## Diagnostic cardiac catheterization (31/5/2005)

PVR and shunt calculations: Qp/Qs in baseline condition: 0.8 - 1

Condition 1(baseline, FiO2 0.21)	Condition 2 (FiO2 1.0)	Condition 3 (FiO2 1.0, NO 80 ppm)	Condition 4 (washout, FiO2 0.21)	Condition 5 (FiO2 0.21, NO 80 ppm)
12.5 W.u. m2	9.4 W.u. m2	8.3 W.u. m2	10.3 W.u. m2	11.3 W.u. m2



# Clinical Follow-up

June 2011 December 2014

2005

#### **Clinical Status:**

Deteriorated in her exercise capacity

Walks for approximately 5 minutes on the flat

WHO class III

#### **Clinical Examination:**

Height Weight

BP 110/63, HR 73bpm, SpO2 98% on air

JVP not raised

**Heart Sounds:** 

S1 normal, increased S2

Normal lung sounds

No hepatomegaly, no peripheral oedema



Improved exercise capacity,

WHO Class II

Manages 10mins on the flat and ~ 2 flights of stairs



Wants to attempt pregnancy



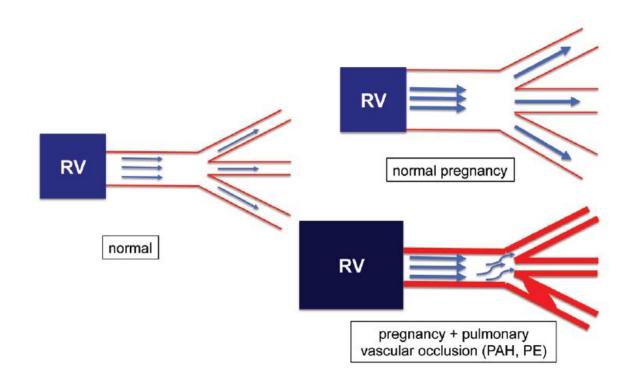
Heart rate increases
Circulatory volumes increase
Cardiac output increases
Increased preload
Systemic vasodilatation
Endothelial dysfunction
Reduced colloid osmotic pressure
Coagulopathy
Increased oxygen consumption

Prolonged Valsalva
IVC decompression volume
Bleeding & autotransfusion
Pain & distress
Increased shunting
IATROGENIC!



# PERFECT STORM

# Why such an issue in PAH?



- Increase in HR & pro-arrhythmic
- Increase in  $0_2$  consumption (20%)
- Increased tidal volume & minute ventilation
- Elevated diaphragm 4cm
- Hypercoagulability



## **Recommendations for pregnancy and PAH**

COR	LOE	Recommendations
-	C-LD	<ol> <li>Women with CHD should receive prepregnancy counseling with input from an ACHD cardiologist to determine maternal cardiac, obstetrical and fetal risks, and potential long-term risks to the mother.<sup>53,13,1-1-53,13,1-4</sup></li> </ol>
-	C-LD	<ol> <li>An individualized plan of care that addresses expectations and contingencies should be developed for and with women with CHD who are pregnant or who may become pregnant and shared with the patient and all caregivers. 53.13.1-2,53.13.1-3</li> </ol>
ı	C-EO	5. In collaboration with an ACHD cardiologist to ensure accurate assessment of pregnancy risk, patients at high risk of maternal morbidity or mortality, including women with pulmonary arterial hypertension (PAH), Eisenmenger syndrome, severe systemic ventricular dysfunction, severe left-sided obstructive lesions, and/or ACHD AP classification ID, IID, IIID* should be counseled against becoming pregnant or be given the option of terminating pregnancy.
-	B-NR	Men and women of childbearing age with CHD should be counseled on the risk of CHD recurrence in offspring. <sup>53,13,1-9</sup>

# **Pregnancy Assessment**



Stop ETRA & warfarin/coumadin
Refer to high risk obstetrician
Monthly clinic visits
Monthly echocardiogram, BNP & 6MWT
Optimize PAH therapy
Start LMWH – if bed rest or inpatient
Recommend therapeutic abortion if right heart
failure develops

2<sup>nd</sup> trimester ----

3<sup>rd</sup> trimester ----

Multidisciplinary approach with high risk obstetrician, PAH physician & anesthesiologist Monthly clinic visits

Monthly echocardiogram, BNP & 6MWT

Start LMWH – if bed rest or inpatients

Optimize PAH therapy

Indicators of PH patients at high risk of poor outcomes in pregnancy:

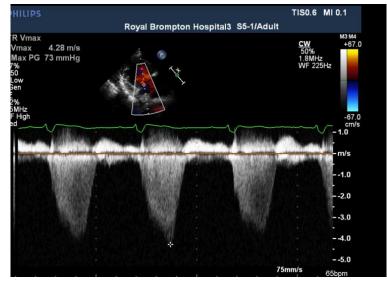
- 1) early clinical deterioration
  - 2) severe RV dysfunction
    - 3) BNP elevation
  - 4) FC III or IV symptoms

Multidisciplinary approach with high risk obstetrician, PAH physician & anesthesiologist Weekly clinic visits
Weekly echocardiogram, BNP & 6MWT
Optimize PAH therapy
Start LMWH – if bed rest or inpatient
Elective cesarean section at week 34
Close post-operative ICU monitoring

## Pre- Pregnancy Assessment

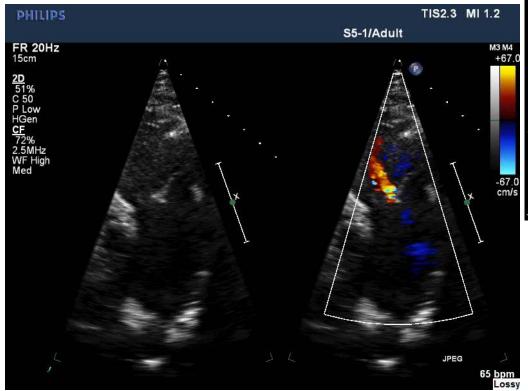


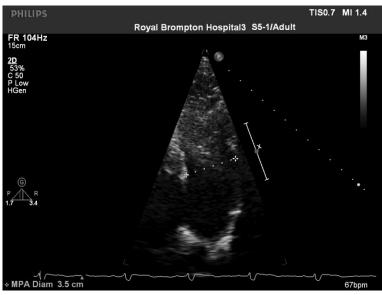


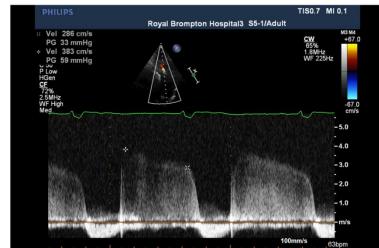




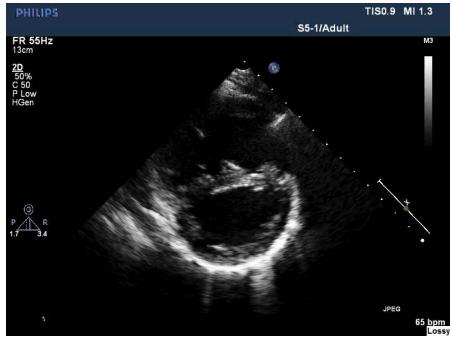
### Pre-Pregnancy Assessment





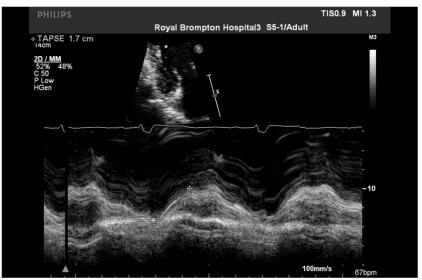






#### Pre-Pregnancy Assessment

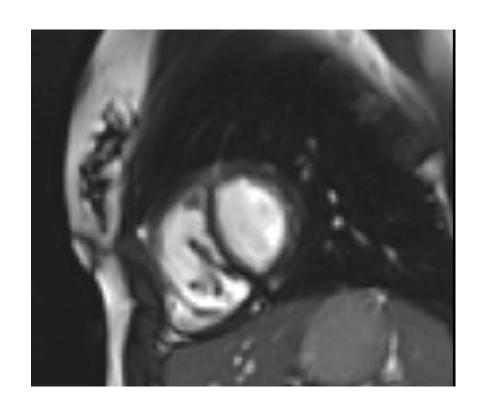






# **CMR**





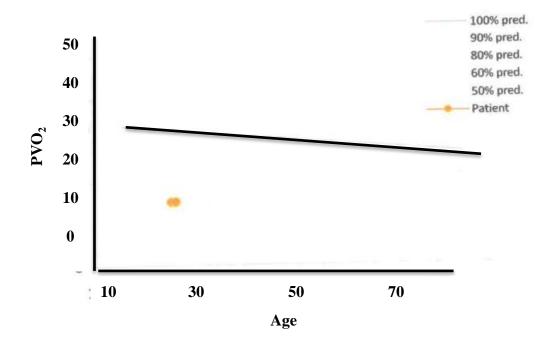
#### Normal female ranges (see graphs for BSA indexed LV and RV values)

	EDV (mL)	ESV (mL)	SV (mL)	EF (%)	Mass index (g/m²)
LV	116	42	74	64	39
RV	174	76	98	56	

### Pre- Pregnancy Assessment

## Cardiopulmonary Exercise Test with MVO2(June 2014)

Date	01/04/2014	3/12/2014
Age	23.6	24.3
RER	1.15	1.02
Max HR	179	160
PVO <sub>2</sub>	15.2	15.1
PVO <sub>2</sub> % predicted	42%	42%
VE/VCO <sub>2</sub>	63.0	57.8
Time	6m, 42s	9m, 25s



Rhythm	SR+RBBB		,	
<b>Resting Pulse</b>	64	Resting BP	90	62
Peak Exercise Pulse	160	Peak Exercise BP	98	62

#### Pre- Pregnancy Assessment

# **Right Heart Catherization**

		Pressures
	Baseline	Condition 1
Breathing gas	air	NO 40ppm/air
High superior caval vein	-	-
Low superior caval vein	-	-
Inferior caval vein	-	-
Right atrium (A/V/mean)	8/6/4	-
Right ventricle (Sys/EDP)	82/6	79/7
Pulmonary artery (Sys/dia/mean)	82/36/56	74/38/54
PA wedge pressure (A/V/mean)	13/13/8	8/9/6
Left ventricle (Sys/EDP)	-	-
Arterial parameters (non-invasive)	90/50/59	91/51/61
Arterial parameters (invasive)	-	-
Arterial P02	-	-
Left upper pulmonary vein	-	-
Left atrium	-	-
Free text	-	-

Haemoglobin	(g/dL)	14

	Baseline	Condition 1
Pulmonary gradient (mm Hg)	48	48
Pulmonary resistance (WU)	14.6	13.2
Systemic gradient (mm Hg)	55	57
Systemic resistance (WU)	16.7	15.7
Qp/Qs	1.00	1.00

Oxygen saturation (%)

Baseline	Condition 1	Condition 2	
air	NO 40ppm/air	-	
70.7	68.1	-	
66.9	66.3	-	
70.3	73.3	-	
70.6	71.7	-	
70.6	-	-	
69.2	71.8	-	
	-	-	
-	-	-	
97	97	-	
-	-	-	
_	-	-	
-	-	-	
-	-	-	

Heart rate 65 Heart rhythm Sinus rhythm



## **Recommendations for pregnancy and PAH**

Recommendations	Class <sup>a</sup>	Level <sup>b</sup>
Right heart catheterization is recommended to confirm the diagnosis of PAH (group 1). This can be performed during pregnancy but with very strict indications. <sup>10</sup>	-	U
Treatment dose LMWH is recommended in pregnant patients with chronic thromboembolic pulmonary hypertension.	1	U
If a PAH patient conceives on targeted PH therapies, consideration should be given to withdrawing embryotoxic drugs, taking into account the risks of withdrawal.	lla	U
In treatment-naive pregnant PAH patients, initiating treatment should be considered. <sup>23</sup>	lla	U
Pregnancy is not recommended in patients with PAH. 119	ш	В

# MDT Meeting (December 2014)

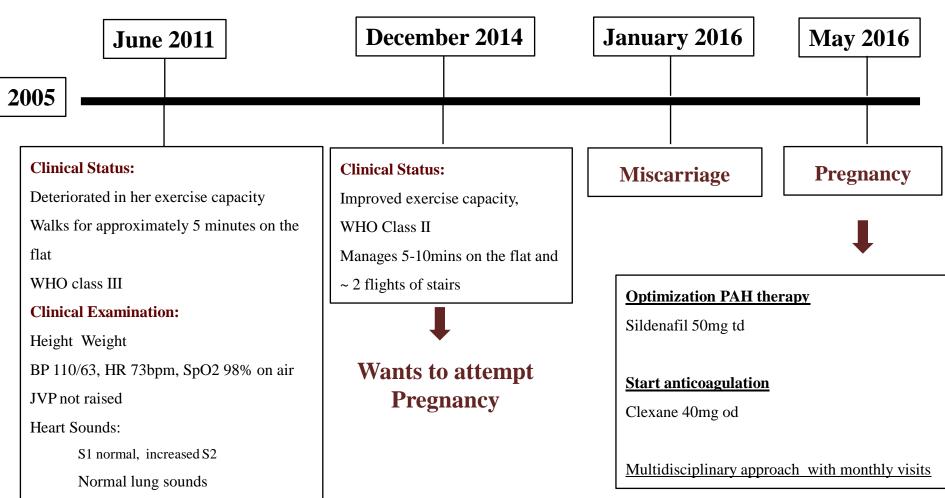
#### • Preconception counseling:

Patient advised that there is a high mortality risk associated with pregnancy

#### • Plan:

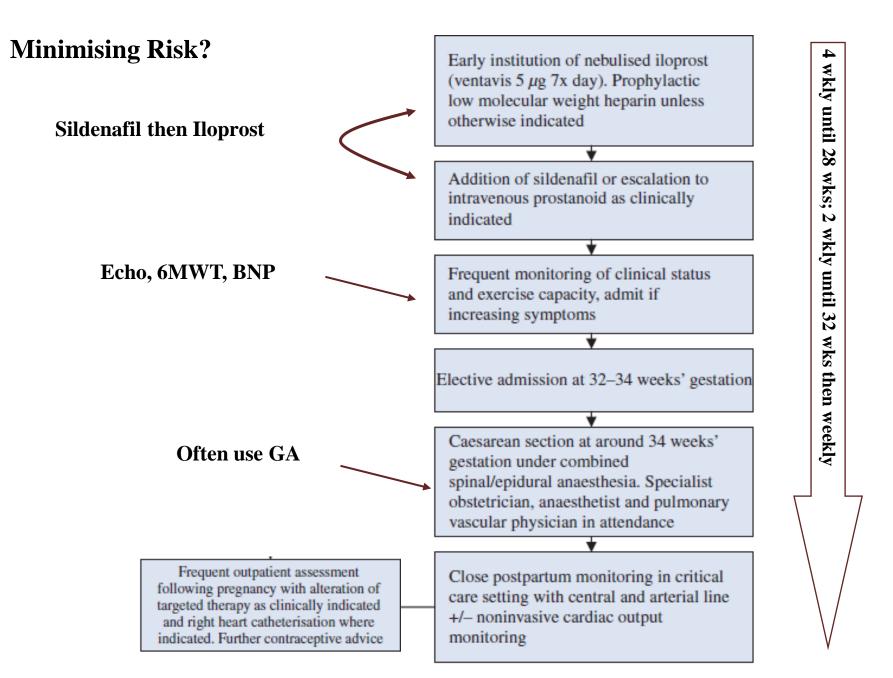
- To be followed at the antenatal clinic
- Ambrisentan was stopped and Sildenafil 20mg td was commenced

# Clinical Follow-up





No hepatomegaly, no peripheral oedema



# Admission

23+6 weeks

20.11.2016

November 2016

-Small volume hemoptysis potentially related to

an upper respiratory infection

-Increasing SOB and presyncope on effort

which represented a change in symptoms from

her last review in clinic 3 weeks earlier.

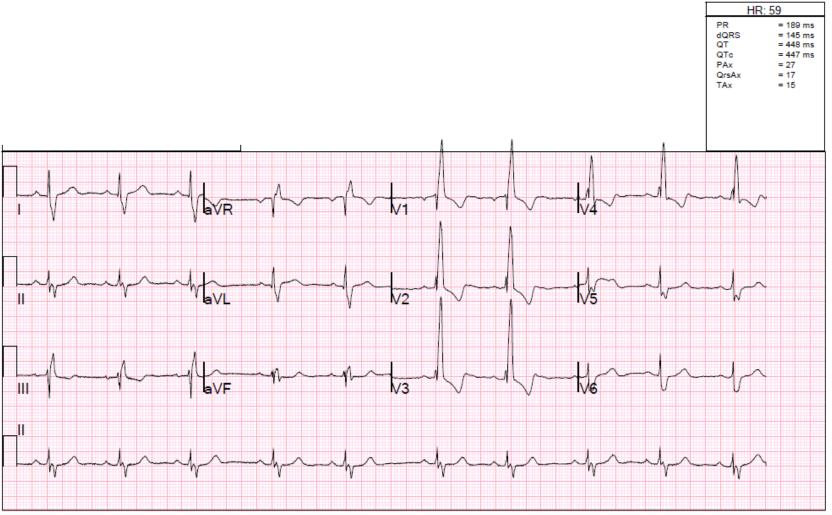
Medication	19/11/2016
Sildenafil 50mg td	V
Clexane 40mg od	V



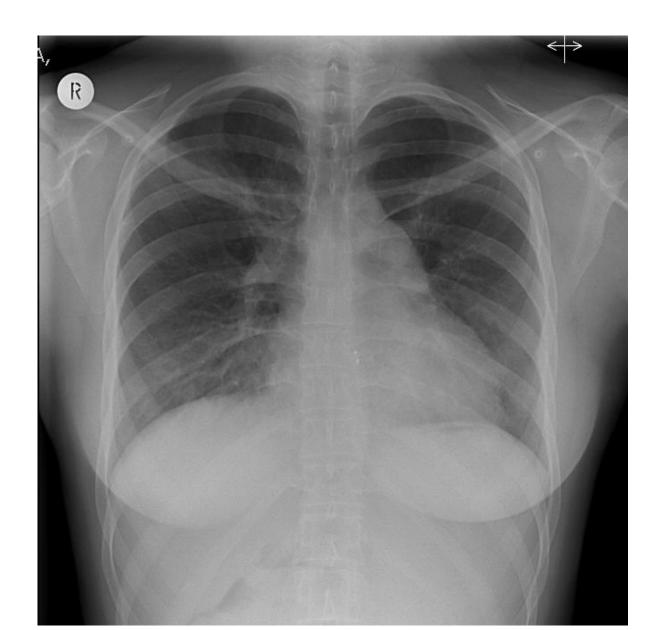
# ECG (November 2016)



#### 12-SL ECG

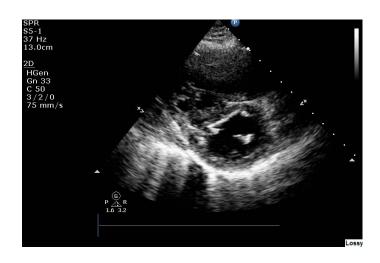


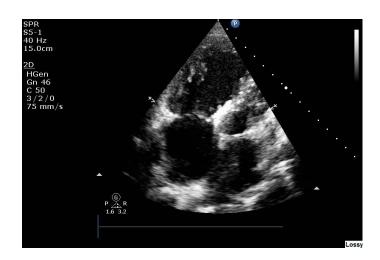
# Chest X-Ray (20/11/2016)



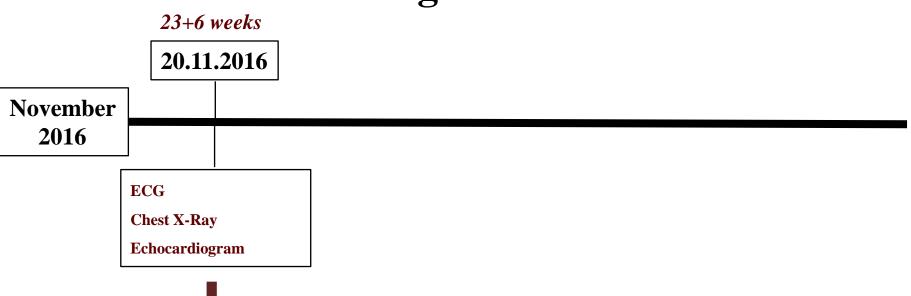
# TTE (21/11/2016)







# **During Admission**



#### **MDT** (20/11/2016)

-Start inhaled iloprost therapy (5mcg 3 hourly)

Medication	19/11/2016	20/11/2016
Sildenafil 50mg td	V	$\sqrt{}$
Clexane 40mg od	V	$\sqrt{}$
Inhaled Iloprost 5mcg 3 hourly		V



# TTE (25/11/2016)

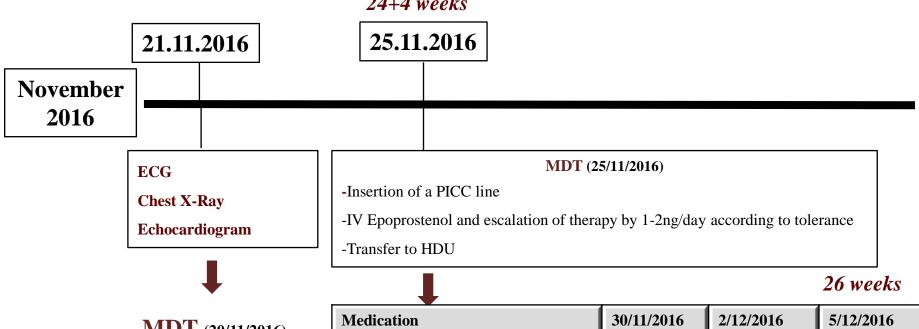






# Admission

24+4 weeks

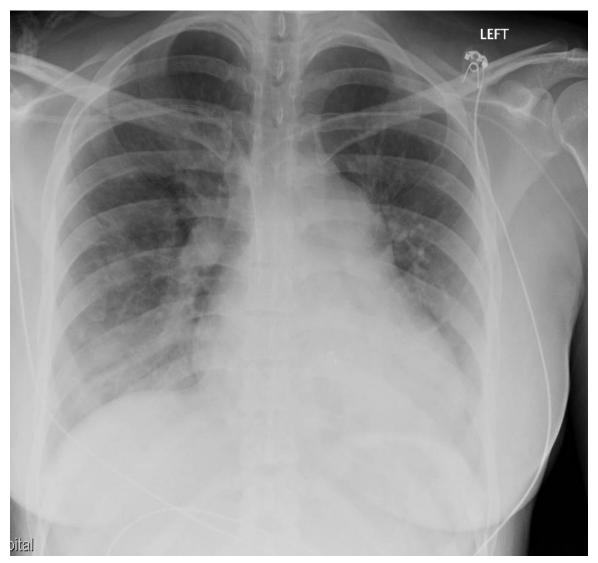


#### **MDT** (20/11/2016)

-Start inhaled iloprost therapy (5mcg 3 hourly)

Medication	30/11/2016	2/12/2016	5/12/2016
Sildenafil	√ (50mg td)	√ (50mg td)	$\sqrt{25mg bd}$ , 40od)
Clexane 40mg od	√ 	√ 	V
Inhaled Iloprost 5mcg 3 hourly	$\sqrt{}$		
IV Epoprostenol	√ (5ng.kg/min)	√ (6ng.kg/min)	(6.5ng.kg/min)
Dexamethasone			√ (12mg bd)

# **HDU Admission** (06/12/2016)



## Admission

26+1 weeks

November

6<sup>th</sup> December 2016

# November 2016

#### **MDT** (25/11/2016)

25th November 2016

- -Insertion of a PICC line
- -IV Epoprostenol and escalation of therapy by 1-2ng/day according to tolerance
- -Transfer to HDU

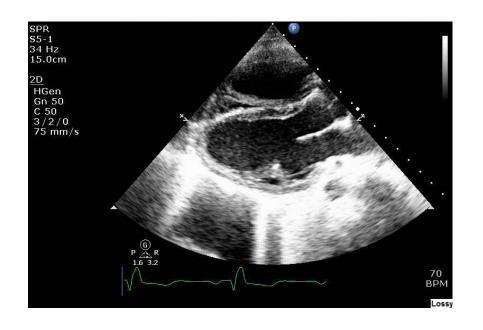
#### Chest X-Ray: Right lung lower lobe infection-

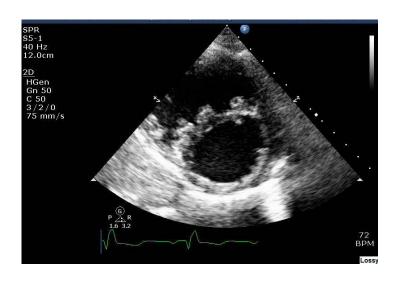
Respiratory support with CPAP and highflow oxygen Reviewed on a regular basis by the maternal obstetrics team Aim: Escalation of Epoprostenol by 0.5ng/kg/min 12 hourly up to 15ng/kg/min or maximum tolerated dose (not less than 10ng/kg/min)

Medication	6/12/2016	10/12/2016	12/12/2016
Sildenafil	$\sqrt{}$	$\sqrt{}$	$\sqrt{}$
	(25mg td)	(25mg td)	(25mg td)
Clexane 40mg od	$\sqrt{}$	$\sqrt{}$	$\sqrt{}$
IV Epoprostenol	$\sqrt{}$	$\sqrt{}$	$\sqrt{}$
	(7ng.kg/min)	(10ng.kg/min	(12ng.kg/min
		)	)
Piptazobactam	$\sqrt{}$	$\sqrt{}$	
Salbutamol inhalers	$\sqrt{}$	$\sqrt{}$	
Intermittent CPAP		V	



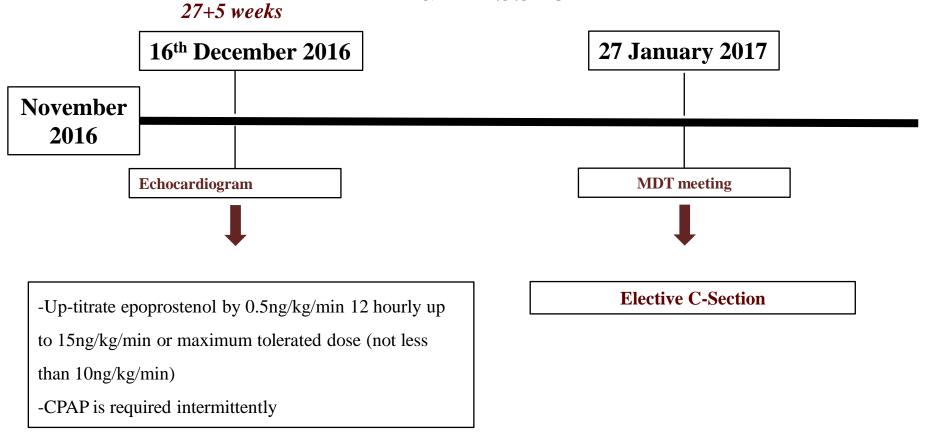
# **TTE** (16.12.2016)







# **Admission**



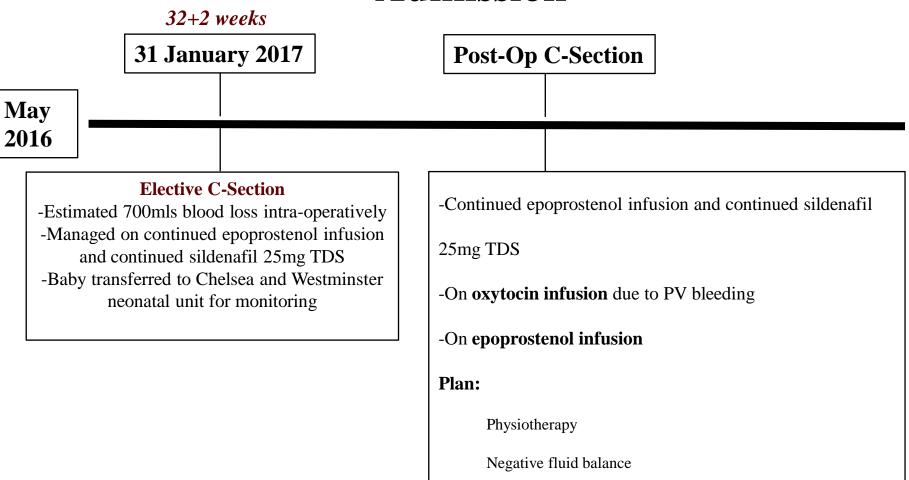
### Elective C-Section at 32+4 weeks (31/1/2016)

### Under TOE investigation





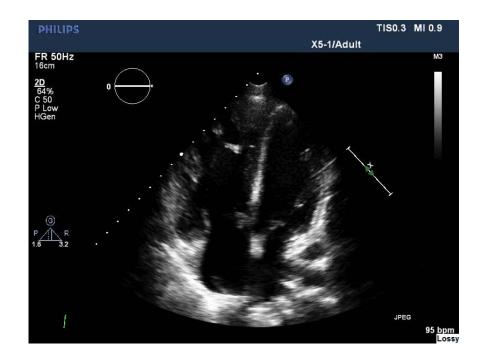
### Admission



## **TTE Pre-Discharge**







## Follow-up Plan

- Repeat echocardiogram in 4 weeks and revision of epoprostenol infusion
- Continue epoprostenol for 6 months and arrange a right heart catheterization
- Follow Hb level (given Ferinject 500mg prior to discharge)
- Long-term contraception
  - Started a progesterone only mini-pill, until she can be reviewed for Mirena Coil insertion in 3 months time.

### **Peripartum outcomes in PAH-CHD**

Maternal mortality and morbidity remain high in PAH-CHD patients, who should be counseled on the risks of pregnancy and managed in a tertiary multidisciplinary environment to improve prognosis

	PAH-CHD (n = 94)	Eisenmenger Syndrome $(n=30)$	PAH with systemic to pulmonary shunt $(n = 51)$	PAH after defect correction (n = 13)	p-Value of difference between all groups
Outcomes					_
Maternal death	6 (6.4%)	5 (16.7%)	0 (0%)	I (7.7%)	0.012
Heart failure	33 (35.1%)	20 (66.7%)	7 (13.7%)	6 (46.2%)	< 0.001
PHC	10 (10.6%)	6 (20.0%)	I (2.0%)	3 (23.1%)	0.012
Other complications					
SBE	2 (2.1%)	0 (0%)	2 (3.9%)	0 (0%)	0.423
Thromboembolic event	2 (2.1%)	I (3.3%)	I (2.0%)	0 (0%)	0.779
Arrhythmia	4 (4.3%)	I (3.3%)	2 (3.9%)	I (7.7%)	0.529

Multivariate predictor			
SaO <sub>2</sub>	0.869	0.786-0.962	0.007
BNP	1.002	1.000-1.005	0.027
Pericardial effusion	11.985	1.650-87.053	0.014

- PAH can develop at any stage of CHD patients' life, when it does impacts on quality of life exercise capacity, morbidity and mortality.
- Cautious approach for defects closure: 'I can close it' does not mean 'I should close it'.

- Pregnant women with PAH should be referred to PAH specialist centre with close MDT collaboration between pulmonary hypertension specialists, obstetricians, critical care specialists and neonatologists.
- Pregnancy is still associated with a significant risk of maternal mortality and rapid deterioration may occur requiring escalation of therapy and semi-urgent delivery.

## **Background**

#### DoB:

• 9<sup>th</sup> March 1993 (M)

### **Cardiac Diagnoses:**

• PA with intact ventricular septum and small ASD combined with MAPCAs

#### **Previous Interventions:**

• 19/3/1993: Raskind septostomy (Aghia Sophia Children's Hospital)

### **Guy's Hospital (9/3/2003)**

'This is a very complicated situation and the diagnosis of pulmonary atresia with intact septum and MAPCA's is one we have never come cross before. However, the problem is clearly that of insufficient pulmonary blood supply and I imagine that this child is severely cyanotic.

The appearances of the collateral supply in the left lower zone suggests that the region of the lung may well now have pulmonary vascular disease. Collateral also communicates well with the native central pulmonary arteries.

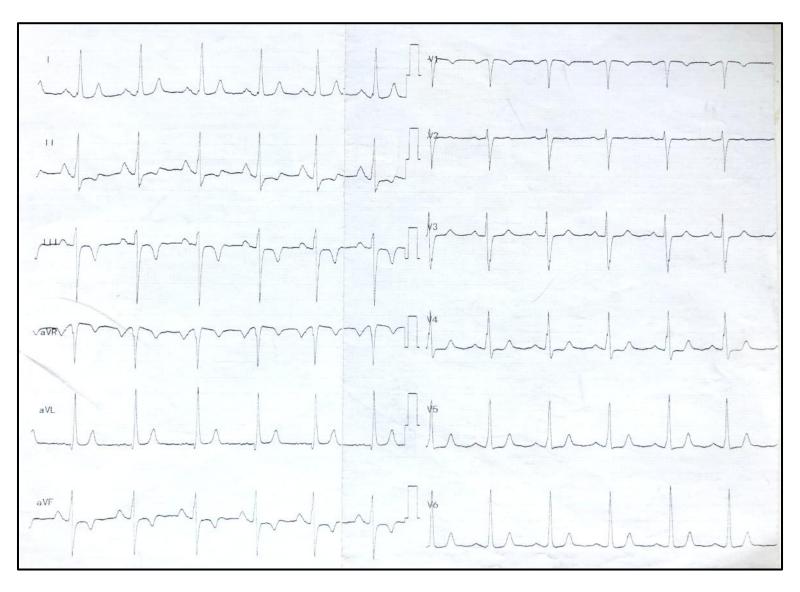
The collateral going to the right lung has very severe trifurcation stenosis and that will have protected the distal pulmonary arteries.

It is very difficult to decide what may be best for the child. **Little useful surgery can be done** (shunt to central pulmonary artery to improve blood flow and encourage flow/ Fontan circulation)'

Mr D R Anderson

Consultant Cardiothoracic Surgeon

# ECG (5/2019)



# **Chest X-Ray**

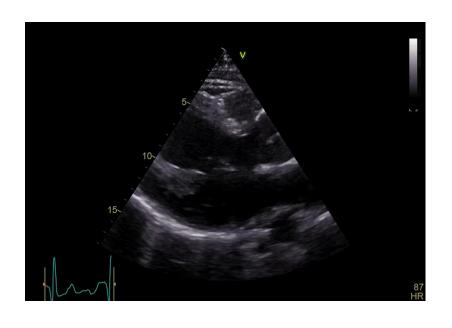


# Labs

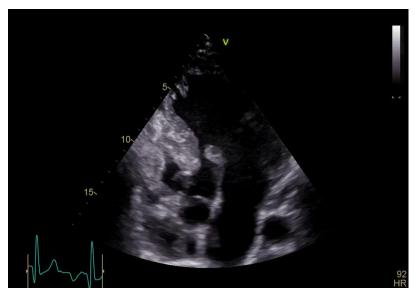
Περιγραφή εξέτασης	Ευρεθείσα Τιμή
WBC-Λευκά αιμοσφαίρια	8.08
RBC-Ερυθρά αιμοσφαίρια	6,37
HGb - Αιμοσφαιρίνη	20,2
ΗСΤ - Αιματοκρίτης	59,5
MCV - Μέσος όγκος ερυθρών	93,5
ΜСΗ - Μέση περιεκ. Η Ι/ερυθ	31,7
MCHC - Μέση πυκνότης Hb	34.0
RDW - Ευρος καταν.Ερυθρων	15,5
PLT - Αιμοπετάλια	211
HDW-Εύρος καταν. Hb	
MPV - Μέσος όγκος PLT	7,20
ΔEK %	1,40

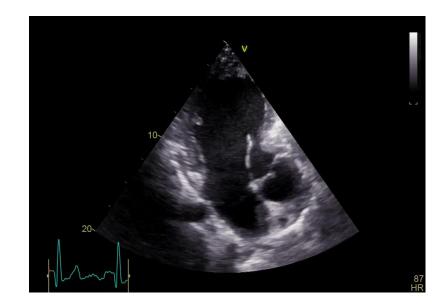
ΤΥΠΟΣ ΛΕΥΚΩΝ	%	Τιμές Αναφοράς
Ουδετερόφιλα	56,5	40 - 74
Λεμφοκύτταρα	31,0	19 - 48
Μονοκύτταρα	6,0	3,4 - 9,0
Ηωσινόφιλα	1,8	0 - 7
Βασεόφιλα	2,2	0,0 - 1,5
Αλλα κύτταρα	2,5	0 - 4
Προμυελοκυτ.		
Μυελοκυτ		
Μεταμυελοκυτ		
Ραβδοπυρ.		
Βλάστες		
Ατυπα		
	#1	

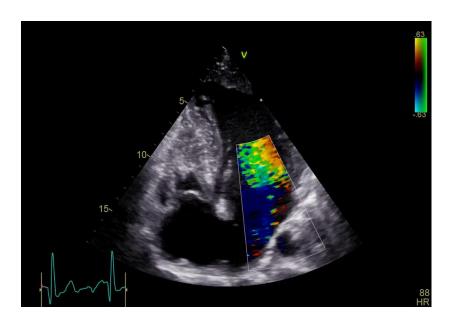
Περιγραφή εξέτασης	Ευρεθείσα Τιμή	Τιμές Αναφοράς	
Σάκχαρο	89 mg/dL	70 - 105	
Ουρία	40 mg/dL	18 - 55	
Κρεατινίνη	1,0 mg/dL	0,72 - 1,25	
Κάλιο	4,2 mmol/L	3,5 - 5,1	
Νάτριο	135 mmol/L	136 - 145	
Ασβέστιο	9,9 mg/dL	8,40 - 10,20	
SGOT	34 U/L	5 - 34	
SGPT	54 U/L	0 - 55	
LDH	350 U/L	125 - 220	
CPK TOTAL	84 U/L	30 - 200	
CPK -MB	9,0 IU/L	12% της TOTAL CPK	
Αλκαλική φωσφατάση	64 U/L	40 - 150	
y-GT	51 U/L	12 - 64	
Αμυλάση	60 U/L	20 - 160	
Ολική Χολερυθρίνη	3,08 mg/dL	0,20 - 1,20	
Αμεση Χολερυθρίνη	0,79 mg/dL	0,00 - 0,50	

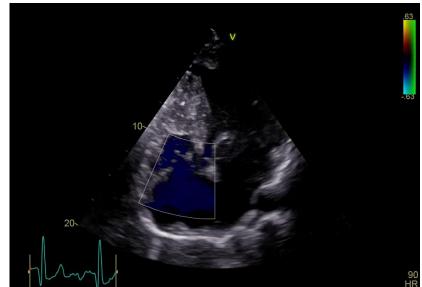


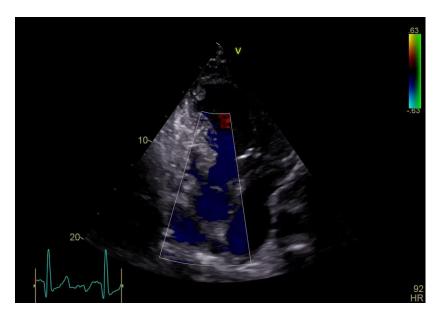




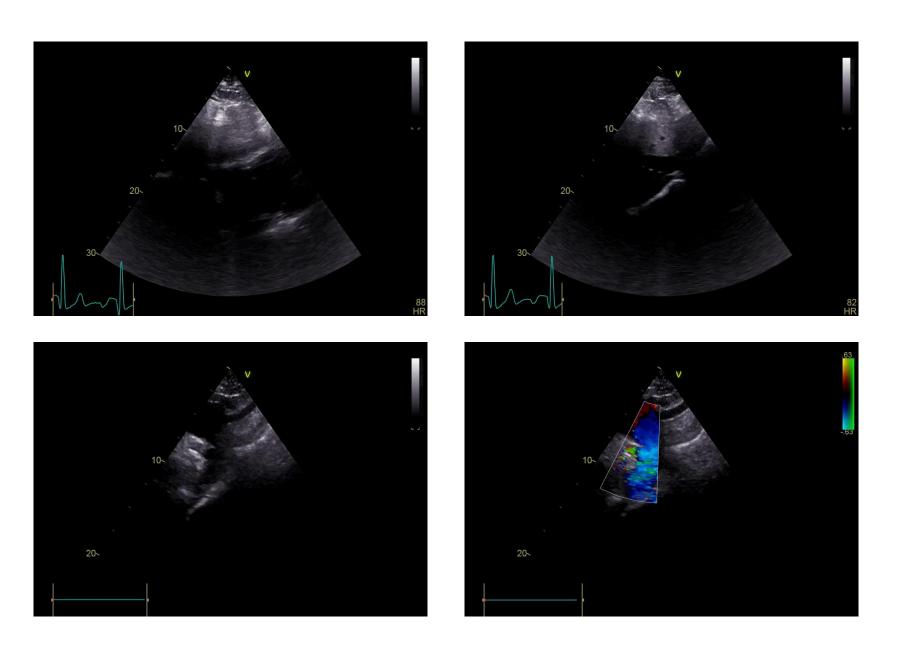


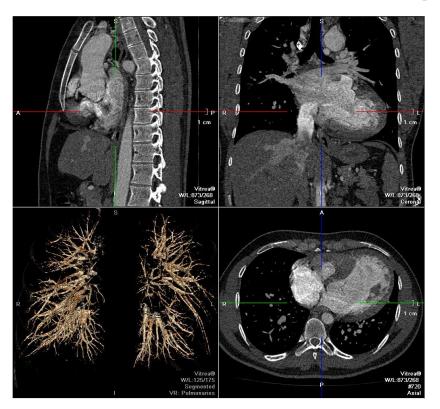


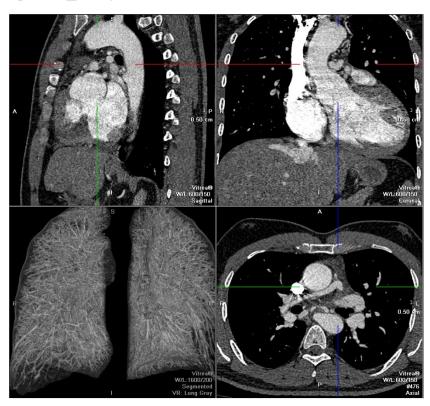


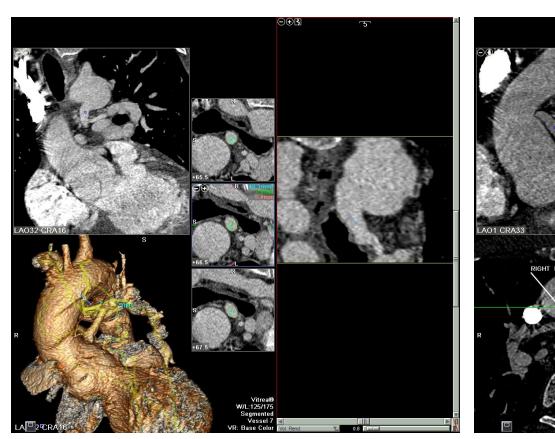


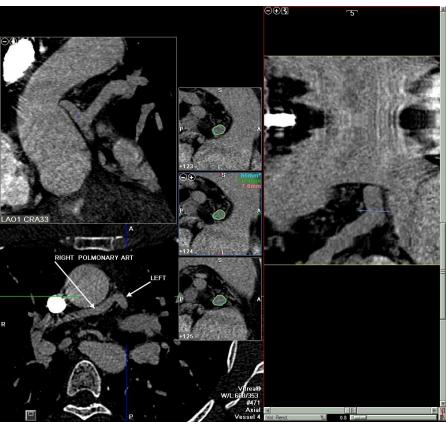


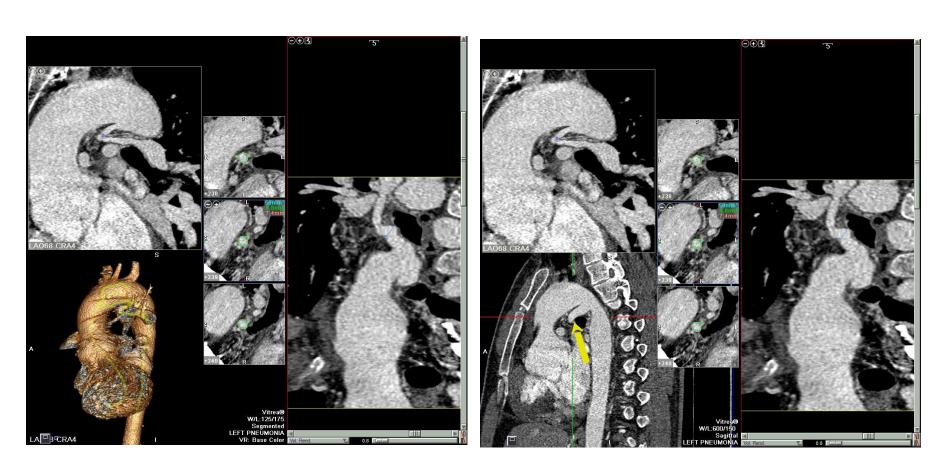




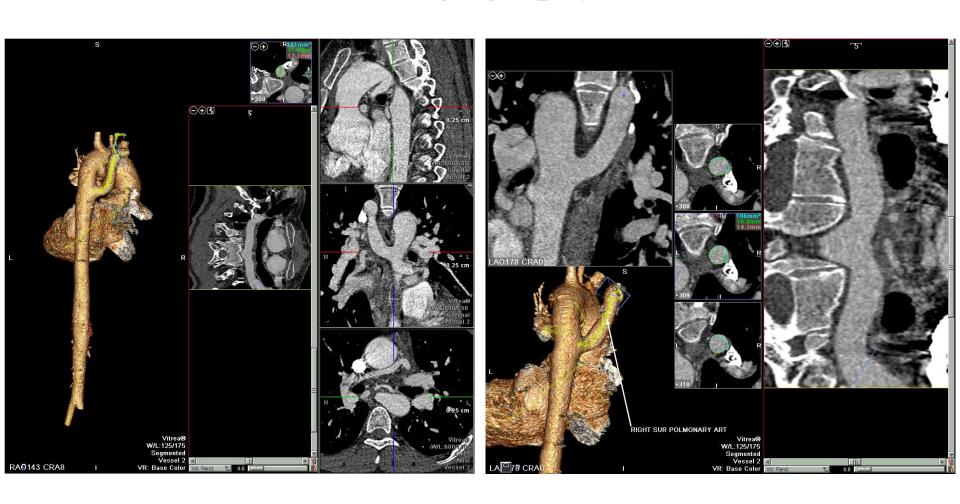




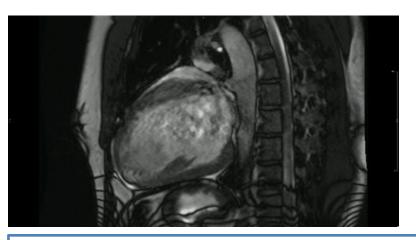




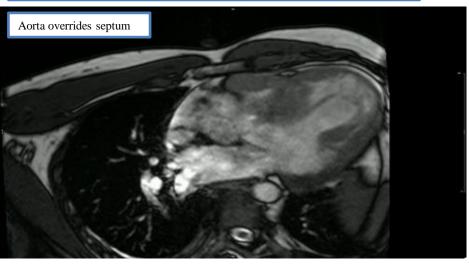
Aortic arch to left upper lobe with stenosis

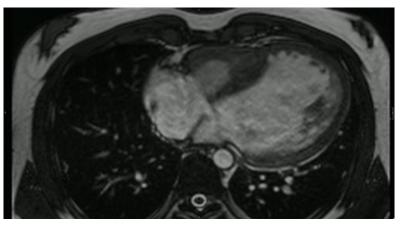


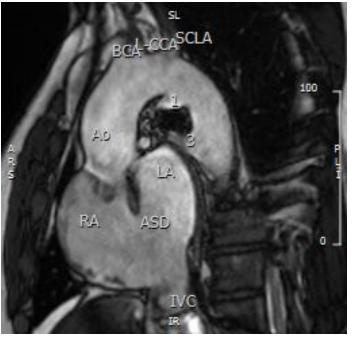
Right side descending aorta right upper lobe Left side descending aorta left lower lobe with stenosis and right lower lobe

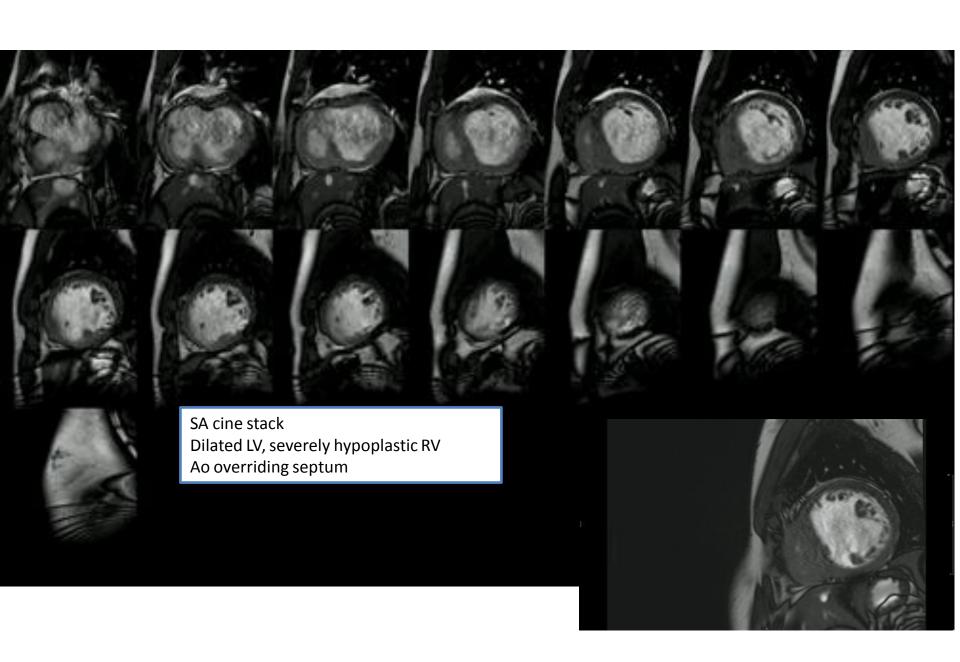


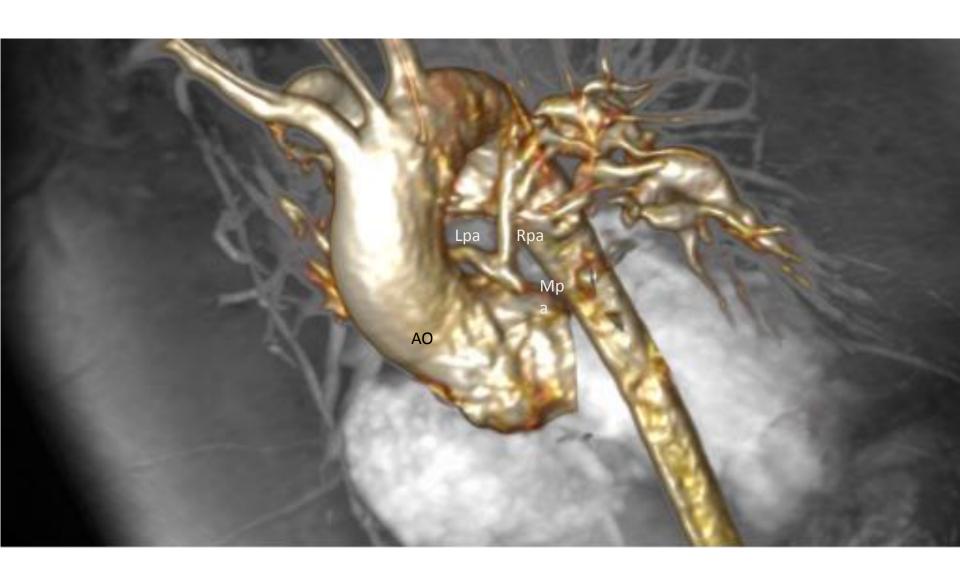
Dilated LV (EDVi 191ml/m2) with preserved EF 59% Severely hypoplastic RV with severe hypertrophy-

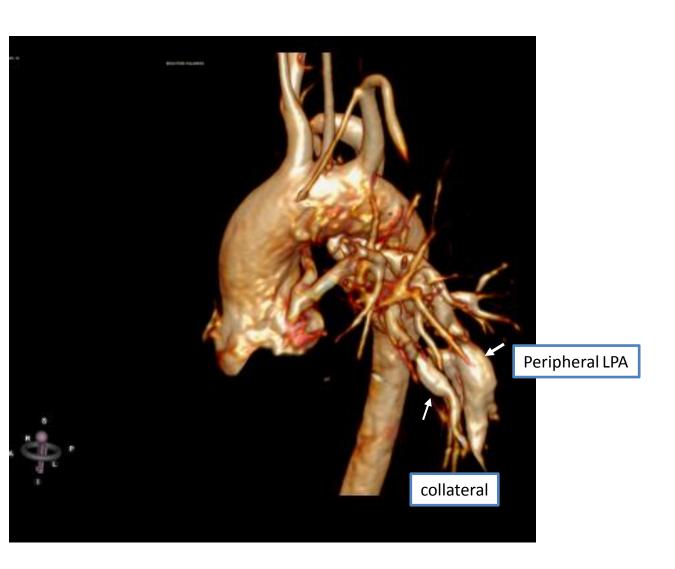


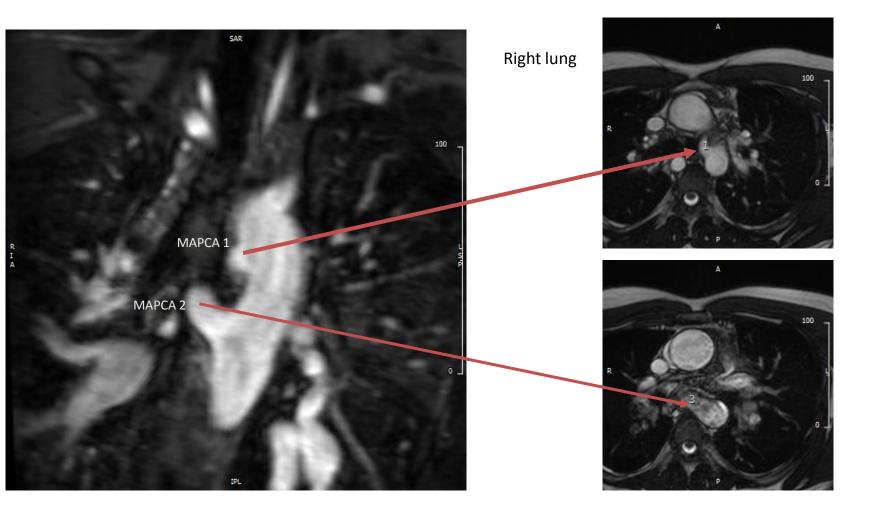






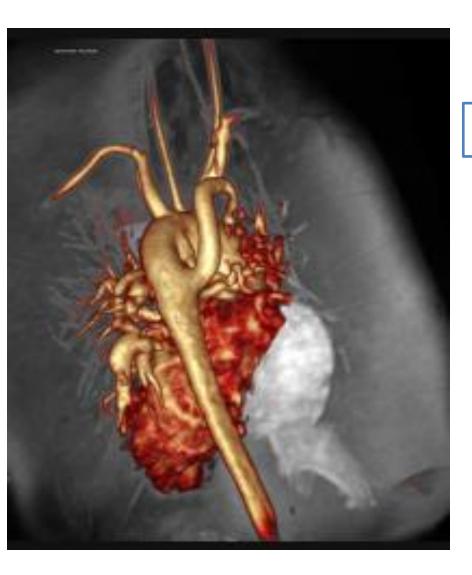












Large collateral MAPCA 2 from upper desc Ao Feeding R-lung

## **Definition of Segmental PAH**

'Observed in discrete lung areas perfused by aortopulmonary collaterals in congenital heart diseases such as pulmonary or tricuspid atresia'.

World Pulmonary Hypertension Symposium in 2013, J Am Coll Cardiol. 2013;62:D34–D41

'PH in one or more lobes of one or both lungs.'

ESC 2015 guidelines, Eur Heart J. 2016;37:67–119

'PH that does not follow a homogeneous distribution, with some parts of the pulmonary vasculature being exposed to higher pressures than others'

Int J Cardiol.2013;164:106–110.

Segmental pulmonary hypertension encompasses any condition with abnormal underlying cardiac or vascular anatomy, usually including varied sources of pulmonary blood supply, which results in distal pulmonary vascular disease that affects various lung segments to differing degrees.

Dimopoulos et al, J Am Heart Assoc. 2018;7:e008587

## Classification

- 1. RV communicating directly with the entire pulmonary vascular bed (eg, large VSD with peripheral PS and VA concordance)
- 2. RV supplies part of the pulmonary vascular bed (eg, congenital absence/interruption of a pulmonary artery supplied by large collaterals/isolated pulmonary artery of ductal origin or a PDA, hemitruncus arteriosus).
- **3. RV with no direct communication** with the pulmonary vascular bed:

With well-formed (native) PAs (eg, truncus arteriosus with PA stenosis);

With ill-formed PAs and a pulmonary circulation supplied by collateral arteries, a PDA, or surgical shunts (eg, TOF] with pulmonary atresia, often referred to as complex pulmonary atresia throughout this article

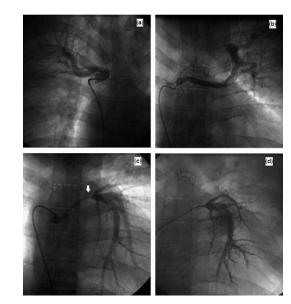
Dimopoulos et al, J Am Heart Assoc. 2018;7:e008587

### To Which WHO PH Group Does Segmental PH Best Belong?

- **Group 1:** Common histological features
- **Group 4:** pulmonary arterial obstructions (congenital branch PA stenosis, CTEPH)
- 5. Pulmonary hypertension with unclear and/or multifactorial mechanisms
- Haematological disorders: chronic haemolytic anaemia, myeloproliferative disorders, splenectomy
- 5.2 Systemic disorders: sarcoidosis, pulmonary histiocytosis, lymphangioleiomyomatosis, neurofibromatosis
- 5.3 Metabolic disorders: glycogen storage disease, Gaucher disease, thyroid disorders
- 5.4 Others: pulmonary tumoral thrombothic microangiopathy, fibrosing mediastinitis, chronic renal failure (with/without dialysis), segmental pulmonary hypertension
- **Group 5**: fibrosing mediastinitis or pulmonary arterial compression by tumors
- At present, it may seem appropriate to classify segmental PH within group 5, multifactorial PH, reinforcing the complexity and unique physiology of this condition.
- However, inclusion within group 1 (PAH related to CHD) may have the merit of reminding physicians this is a CHD-related condition, with significant similarities in pathophysiology to other CHD related PAH (eg, chronic cyanosis) and may help inclusion in future research.

### Effect of PAH therapy in patients with segmental PH remains a debate

Patient	Parameter	Baseline	6 months	2 years	5 years	10 years	14 years
1	NYHA class	III	II	II	II	II	II
	O <sub>2</sub> sat (%)	85	81	85	82	82	83
	VO <sub>2</sub> max (ml/kg/minute)	10.5	11.7	13.6	12.7	16.7	12.4
	6MWD (m)	415	360	400	410	410	420
2	NYHA class	III	II	II	II	II	II
	O <sub>2</sub> sat (%)	80	84	81	82	82	_
	VO <sub>2</sub> max (ml/kg/minute)	13.2	13.2	13.0	12.7	12.5	_
	6MWD (m)	300	330	330	320	310	_
3	NYHA class	IV	II	II	II	II	II
	O <sub>2</sub> sat (%)	52	68	70	78 (2.5 years)	_	_
	VO <sub>2</sub> max (ml/kg/minute)	_	_	_	_	_	_
	6MWD (m)	_	_	_	_	_	_

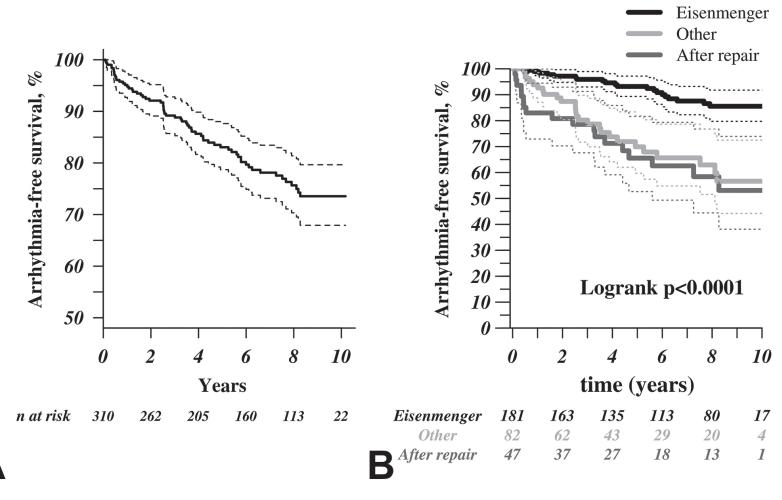


O<sub>2</sub> sat = oxygen saturation; VO<sub>2</sub> max = maximal oxygen consumption; 6MWD=6-minute walking distance

- 3 adult patients with unrepaired ToF, PA, MAPCAs and segmental PAH.
- Patients improved by 1–2 NYHA classes with modest exercise-tolerance increase, and remained stable without side effects during 2.5, 10, and 14 years.

- A broad recommendation on the use of PAH therapies cannot be made at present given the lack of evidence, though anecdotal experience suggests these therapies may have a role and may be considered empirically on an individualized basis in patients with confirmed segmental PH.
- Because of significant heterogeneity, coupled with a small patient population, it is unlikely that adequately powered randomized controlled trials will ever be feasible.
- However, well-structured prospective registries with prespecified baseline and follow-up protocols may shed additional light on the natural and unnatural history, and optimal management of segmental PH

### **Arrhythmias in ACHD patients with PAH**



M. Drakopoulou, H. Nashat, A. Kempny, R. Alonso-Gonzalez, L. Swan, S. J Wort, L C Price, C. McCabe, T. Wong, M. A Gatzoulis, S. Ernst, K. Dimopoulos Heart 2018;0:1–7